

Wait Up For Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate WCS
编舞者: Charles Alexander (SWE) - August 2019
音乐: Wait for Me - Vincenzo : (CD Single: Wait For Me)



Intro: 16 counts, approx. 9 sec – 95 bpm

[1 – 8] WALK R-L, OUT-OUT-BALL-STEP, STEP, SWEEP, CROSS, BALL-CROSS

- 1-2 Step R forward. Step L forward.
&3&4 Step R ball to side. Step L ball to side. Step R in. Step L forward.
5-6 Step R forward. Sweep L from back to front.
7-a8 Cross L over R. Step R ball to side. Cross L over R.

[9 – 16] SIDE ROCK, BACK & SWEEP, BEHIND, SIDE, SWAY L-R, DRAG, BALL-STEP

- 1-2 Rock R to side. Recover onto L.
3-a4 Step R behind L while sweeping L from front to back. Step L behind R. Step R to side.
5-6 Sway/rotate torso L-R, weight ends on R.
7-a8 Step L slightly to the side, dragging R towards L. Step R ball beside L. Make 1/8 turn left stepping L towards 10:30.

[17 – 24] FORWARD MAMBO, BACK, 1/2 TURN, STEP, ROCK FWD-BACK-FWD, STEP

- 1&2 Rock R forward. Recover onto L. Step R back.
3&4 Step L back. Make 1/2 turn right and step R forward. Step L forward. [4:30]
5-8 Rock R forward. Recover onto L. Rock R forward and flick L. Step L forward.

Optional styling: Body roll forward to back during the rocks on counts 5-6.

[25 – 32] SQUARE TURN 1/8-1/4, 1/4 TURN CHASSÉ, SWING WALK BACK L-R, COASTER STEP

- 1-2 Make 1/8 turn left and step R to side. Make 1/4 turn left and step L to side. [12:00]
3&4 Make 1/4 turn and step R to side. Step L beside R. Step R to side. [9:00]
5-6 Step L slightly back while fanning R toes out. Step R slightly back while fanning L toes out.
7&8 Step L back. Step R beside L. Step L forward.

Choreographers note:

This dance is timed by the instruments in the music more than actual classic counting.

Try to feel the syncopations instead of actually counting them.