Dancing On the Ceiling

级数: Advanced

编舞者: Ronnie Russell (USA) - August 2019

音乐: Dancing on the Ceiling - Nick Wells

Walk, Walk, Shuffle Step, Rock, Triple 3/4 Turn

1 – 2 Walk forward on R, L

拍数: 32

- 3 & 4 Shuffle forward on R, L, R
- 5 6 Rock forward on L, Recover on R
- 7 & 8 Make a ³⁄₄ turn over L shoulder, on L, R, L. Weight on L.

Full Turn, Side Shuffle Step, Rock, Coaster Step

- 1 2 Make a ¼ turn over L shoulder by stepping R to R side, make a ½ turn over L shoulder by stepping back on L (weight on L)
- 3 & 4 Complete turn by stepping R to R side making a ¼ turn side shuffle on R, L, R.
- 5 6 Rock forward on L, recover on R
- 7 & 8 Step back on L, place R beside L, step L slightly forward, weight on L.

Heel & Heel, Step ¼ Turn, Sailor Step, ¼ Sailor Step

- 1 & 2 Place R heel forward, place R beside L, Place L heel forward. Weight on R.
- &3-4 Step L beside R, Step R forward, make a ¼ turn over L shoulder, weight on L foot.
- 5&6 Step R behind L, Step L to L side, Step R to R side, weight on R.
- 7&8 Cross L behind R, making a ¼ turn over L shoulder, Step R slightly to R side, Step L slightly to L side. Weight on L foot.

Step Pivot, Shuffle Forward, ¼ Turn, ¼ Turn, Shuffe Forward

- 1 2 Step forward on R, make a ¹/₂ turn over L shoulder. Weight on L.
- 3&4 Shuffle forward on R, L, R.
- 5-6 Step L to L side, making a ¼ turn over R shoulder, weight on L. Step R to R side, making a ¼ turn over R shoulder, weight on R.
- 7&8 Shuffle forward on L, R, L. Weight on L.

End of Dance!





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墙数:4