# Run Like The River



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音乐: Run Like the River - Meghan Trainor: (Album: Run Like The River)



#### Intro 16 counts

### Side, Together, Chassé, Behind, Side, Cross, Point

1-2 RF step side, LF together

3&4 RF step side, LF together, RF step side

5-8 LF cross behind, RF step side, LF cross over, RF point side

#### Jazz Box 1/4 R Cross, Jump Touch, Hips, Jump Touch, Hips

1-4 RF cross over, LF ¼ right step back, RF step side, LF cross over

RF jump side, LF touch beside, hips left, hips back again LF jump side, RF touch beside, hips right, hips back again

option 5&6 and 7&8 on the words 'Run Like The River': bring hands and hips forward in a wavy motion

#### Back x2, Coaster, Fwd x2, Point x2

1-2 RF step back, LF step back

3&4 RF step back, LF together, RF step forward

5-6 LF step forward, RF step forward 7-8 LF point forward, LF point back

## Rock Fwd Recover, Shuffle Bkw, Ball Rock Side Recover, Behind Side Cross

1-2 LF rock forward, RF recover

3&4 LF step back, RF step beside, LF step back

&5-6 RF step beside on ball foot, LF rock side, RF recover

# option 5-6 on the words 'Run Like The River': bring hands and hips left and back again in a wavy motion

7&8 LF cross behind, RF step side, LF cross over [3]

#### Start again

Restarts: Dance the 2nd and 5th wall up to and including count 16 (count 8 of the 2nd section) and start again