

# Sixteen

拍数: 32      墙数: 4      级数: Improver  
编舞者: Charlie Bowring (UK) - August 2019  
音乐: Sixteen - Thomas Rhett : (Album: Life Changes - 3:03)



**Intro: 16 counts from when heavy beat kicks in**

## **SECTION 1: LEFT BEHIND, RECOVER, LEFT ¼ SHUFFLE LEFT, RIGHT STEP PIVOT ½ LEFT, ½ LEFT, SWEEP**

1-2      Step left behind right, recover on to right  
3&4      Left shuffle ¼ turn left  
5-6      Step right forward, ½ turn left  
7-8      ½ turn left stepping right back, sweep left from front to back

## **SECTION 2: LEFT BEHIND, SIDE, CROSS, SYNCOPATED MONTEREY ½ TURN RIGHT, RIGHT TOE STRUT**

1&2      Step left behind right, step right to side, step left across right  
3-4      Touch right to side, ½ turn right on ball of left stepping right down  
5&6      Step left side, recover onto right, step left across right  
7-8      Step to right on right toe, drop heel

**Restart Walls 3 & 6**

## **SECTION 3: LEFT BEHIND, RECOVER, LEFT KICK BALL CROSS, SWAY, SWAY ¼ LEFT, LEFT SHUFFLE FORWARD**

1-2      Step left behind right, recover on to right  
3&4      Kick left diagonally to left, step down on ball of left, step right across left  
5-6      Sway hips left, sway hips right making ¼ turn left (weight on right)  
7&8      Left shuffle forward

## **SECTION 4: RIGHT FORWARD, ROCK, CHASSE ¼ RIGHT, LEFT CROSS, ¼, ¼, STEP RIGHT DIAGONALLY FORWARD**

1-2      Step right forward, recover on to left  
3&4      Right chasse ¼ turn right  
5-6      Step left across right, ¼ turn left stepping right back  
7-8      1/4 turn left stepping left forward, Step diagonally right (body stays straight to wall)

## **TAG: 4 Count Tag: End of wall 7**

1-2      Step left behind right, recover on to right  
3-4      Step left to side, recover on to right.

**Start again and have fun**

**Last Update - 15 Aug. 2019**