

Rescue

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - August 2019
音乐: Rescue - James Bay : (iTunes)



(Intro: 32 counts)

[S1] Fwd Rock, Ball-Fwd, Fwd, Fwd w/ Sweep 1/2R, Behind-Side-Cross, Point

1 2& Rock/step forward on R, Recover weight on L, Step R beside L
3 4 Walk forward LR
5 Step forward on L and Making a ½ turn right w/ sweeping R around
6&7 Step R behind L, Step L to the side, Cross R over L
8 Point L to left weight on R (6:00)

[S2] Touch In-Out, Cross-Hinge Turn 1/2L, Rock Behind, 1/4L, 1/4L Side

1 2 Touch L next to R, Point L to left
3&4 Cross L over R, Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (12:00)
5 6 Rock/step R behind L, Recover weight on L
7 8 Make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side *** (6:00)

[S3] Step-Swing Fwd-Back, Hitch-Behind-1/4L, 1/2L w/ Sweep, Coaster Step-Ball

1 2 3 Step forward on R, Swing L around R and touch L forward, Swing back L around R and step back on L
&4& Hitch R, Step R behind L, Make a ¼ turn left stepping forward on L
5 6 Step forward on R and making a ½ turn left, Sweeping L around R (3:00)
7&8& Step back on L, Step R next to L, Step forward on L, Step forward on R

[S4] Step-Paddle, Cross-Side-Behind, R Lunge, Recover Hitch 1/2L, Sway-Sway

1 2 Step forward on L, Make a ¼ turn right recover weight on R
3&4 Cross L over R, Step R to the side, Step L behind R
5 6 Lunge R to right, Recover weight on L and make a ½ turn left hitch right foot**
7 8 Sway/step R to the side, Sway left (6:00)

Restart: On Wall 1 count 30 (6:00)**

Tag: End of Wall 2 (12:00) Fwd Rock-&-Back Rock-&

1 2& Rock/step forward on R, Recover weight on L, Step R beside L
3 4& Rock/step back on L, Recover weight on R, Step L beside R

Restart & Tag: On Wall 5 count 16* (6:00) + Fwd Rock-&-Back Rock-&**

Ending: After sway-sway (6:00), Make a ½ turn right to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 23/Aug/19)

Last Update - 5 Sept. 2019