

Mustang Sally

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sonja Hemmes (USA) - September 2019
音乐: Mustang Sally (Glee Cast Version) - Glee Cast : (Album: Glee, The Music, Homecoming - EP)



Start 16 counts in

This dance is choreographed for a very good friend of mine, Pat Hill.
She will enjoy this!

TRIPLE RIGHT, ROCK BACK, TRIPLE LEFT, ROCK BACK

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock left back, step on right
5&6 Step left to left side, step right next to left, step on left to left side
7-8 Rock right back, step on left

STEP TOGETHER, WITH SWIRLING MOTION, RIGHT THEN LEFT

1-4 Step right to right side, step left next to right step right to right side, hold, Swirl your arms and body in a counter clockwise motion during 1-4
5-8 Step left to left side, step right next to left, step left to left side, hold, Swirl your arms and body in a clockwise motion during 5-8

TRIPLE BACK, (X2), TURN 1/4 LEFT, TRIPLE BACK (X2)

1&2 Step right back, step left back in front of right, step right back
3&4 Step left back, step right back in front of left, step left back
5&6 Turn 1/4 left and step right back, step left back in front of right, step right back
7&8 Step left back, step right back in front of left, step left back

STEP FORWARD DIAGONALLY, SHIMMY HIPS

1-2 Step right forward diagonally, touch left next to right
3-4 Step left forward diagonally, step right next to left
5-8 Shimmy hips to counts 5-8
