Sixteen

拍数: 32	墙数: 2	级数: Improver

编舞者: Tom Sharp (USA) - November 2018

音乐: Sixteen - Thomas Rhett : (CD: Life Changes - signature song, with tags & restarts)

Alternate Music: "One Step at a Time" by Jordin Sparks, 102 bpm (CD: Jordin Sparks) (no tags, no restarts)

BEGIN 16 beats in, 1 beat before the lyrics start for both "Sixteen" and "One Step at a Time."

SKATE, SKATE, TRIPLE, SKATE, SKATE, SAILOR ¼ TURN
1, 2	skate right towards 1 o'clock, skate left towards 11 o'clock
3 & 4	triple step (R, L, R)
5, 6	skate left towards 11 o'clock, skate right towards 1 o'clock
7 & 8	sailor shuffle with ¼ turn to left

TOE-HEEL STRUTS, JAZZ BOX
1, 2, 3, 4	touch R toe forward, R heel down, touch L toe forward, L heel down
5, 6, 7, 8	R step across in front of L, L step back, R step home, L step beside right

RESTART HERE ON 3RD & 6TH WALLS (for "Sixteen")

SIDE, BEHIND, SIDE & ¼ TURN, HITCH, STEP, LOCK, STEP, TOUCH
1, 2, 3, 4	R step side right, L cross-step behind R, ¼ turn left & R step back, hitch L
5, 6, 7, 8	L step forward, R lock behind L, L step forward, touch R beside L

FOUR TURNING SCUFFS
1, 2	turn ¼ left & step R, scuff L
3, 4	turn ¼ left & step L, scuff R
5, 6	turn ¼ left & step R, scuff L
7, 8	turn ¼ left & step L, scuff R

REPEAT

TAG: (for "Sixteen") At the end of the 7th wall, 4-count rocking chair. For "One Step at a Time", no tags.

RESTARTS: for "Sixteen", as designated above. For "One Step at a Time", no restarts.

THE TWIST (for "Sixteen" only): The two ¼ turns are separated by restarts. In the beginning the 2-wall pattern works between the 12:00 wall and 6:00 wall. After the 1st restart, the pattern works between the 9:00 wall and the 3:00 wall. After the 2nd restart, the pattern returns to the 6:00 and 12:00 walls.

ENDING: For "Sixteen", music will end on count 7 of last scuff-turn. Stomp big finish on the 7th count.

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