May I Have This Dance



拍数: 32 编数: 2 级数: Intermediate

编舞者: Chris Watson (AUS) - September 2019

音乐: Slow Motion - Ashleigh Dallas : (Album: Reflection)



INTRO: 16 Counts

| Step. Sweep. | . Cross . side | . Behind | Sweep | , Behind Side and ste | p forward hitch | . Shuffle . | Cross. | Side |
|---------------|----------------|----------|------------|------------------------|-------------------|-------------|--------|------|
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| 1 | Step R fwd sweeping L around |
|-----|--|
| 2&3 | Cross L over R, Step R to R side, Step L behind R Sweeping R around |
| 4&5 | Step R behind L, 1/8 L Stepping L fwd, Step R fwd raising L knee (almost like a hitch) |
| 6&7 | Step L fwd, Step R together, Step L fwd Sweeping R around squaring up to 9:00 |

8& Cross R over L, Step L to L side

Behind, Side, Cross, Side rock, cross, ¼, ¼ Rock Replace, Together, behind & ¼ Step Forward *

| 1&2 | Step R behind L, Step L to L side, Cross R over L |
|------|--|
| 3&4& | Rock L to L side, Replace weight on R, Cross L over R, 1/4 L Stepping R back |
| 5-6& | 1/4 L Rocking L to L side, Replace weight on R, Step L together |
| 7-8& | Step R to R side dragging L, Step L behind R, * 1/4 R Stepping R fwd* |

Walk, Walk, Mambo Step, Walk Back X 2, Rock with a knee pop, 1/4 Sweep

| 1-2 | Walk fwd L then R |
|-----|---|
| 3&4 | Rock L fwd, Replace weight on R, Step L back |
| 5-6 | Walk back R then L |
| 7-8 | Rock R back popping L knee fwd, Replace weight on L as you sweep R into a 1/4 L |

Cross, Side, behind sweep

| 1&2 | Cross R over L, Step L to L side, Step R behind L Sweeping L around |
|------|--|
| 3&4& | Step L behind R, 1/4 R Stepping R fwd, 1/2 R Stepping L back, 1/2 R Stepping R fwd |
| 5-6& | Rock L fwd, Replace weight on R, 1/2 L Stepping L fwd |
| 7-8 | Step R fwd, 1/2 L Pivot weight on L |

BEGIN DANCE AGAIN FACING 6:00

Restarts:

On Wall 3, 5, 7, 8 Dance to count 16 and then replace the & count with ¼ Turn Right stepping R forward as count 1 to Start the dance again at the new wall.

A huge thank you to Ashleigh Dallas for this beautiful song and friendship! Please download the music from iTunes or www.ashleighdallas.com.au

www.dare2dance.org www.chriswatsontravel.com.au

Last Update - 24 Nov. 2019