

# Gonna Shake Shake Shake

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Liz Atkinson (USA) - September 2019  
音乐: Shake It Off - Taylor Swift



## NO RESTARTS!

\*Tag: There is an 8-count silence after wall 13 (9:00). Strike a pose and hold it for a bit of whimsy.

### S1: R LINDY, STEP, TOUCH, STEP, TOUCH

1 & 2, 3, 4      Step RF to R side, step LF together, step RF to R side, rock LF behind RF, recover RF  
5, 6, 7, 8      Step LF to L, touch RF beside LF, step RF to R, touch LF beside RF (12:00)

### S2: L LINDY, STEP, TOUCH, STEP, TOUCH

1 & 2, 3, 4      Step LF to L side, step RF together, step LF to L side, rock RF behind LF, recover LF  
5, 6, 7, 8      Step RF to R, touch LF beside RF, step LF to L, touch RF beside LF (12:00)

### S3: ROCKING CHAIR, STEP, 1/4 PIVOT L, R HAND ON HIP, L HAND ON HIP

1, 2, 3, 4      Rock RF forward, recover LF, rock RF back, recover LF  
5, 6      Step RF forward, 1/4 pivot L  
7, 8      Touch RF next to LF and put R hand on R hip, put L hand on L hip (9:00)

### S4: HIP BUMP SEQUENCE: DOUBLE R, DOUBLE L, SINGLES R-L-R-L

1 & 2, 3 & 4      (With hands on hips) Bump hips R-L-R, L-R-L  
5, 6, 7, 8      (Drop arms and shake wrists and hands) Single hip bumps R-L-R-L (9:00)

## SMILE AND BEGIN AGAIN!

\*It is helpful if the instructor can clap or snap during the 8-count silence to help class resume dancing on time.

Contact: [dancinlizard@gmail.com](mailto:dancinlizard@gmail.com)  
Asheville, NC, USA