The Big Scoop

拍数: 32

级数: Improver / Intermediate

编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - September 2019

音乐: Ice Cream - MIKA



Start after 32 count intro – approx. 19secs – 2mins 46secs – 111bpm

墙数:4

[1-8] L side, R sailor heel (or flick), R ball cross, ½ L hinge turn, R fwd, ½ L chase turn

- Step L side, step R behind L, step L side, touch R heel (or low flick) forward 1 - 2 & 3
- &4 Step R back, cross step L over R
- Turning 1/4 left step R back, turning 1/4 left step L side (6 o'clock) 5-6
- 7&8 Step R forward, pivot 1/2 left, step R forward (12 o'clock)

WALL 4 RESTART: During wall 4 facing L side wall, dance first 8 counts and restart facing L side wall ENDING: During wall 10 dance first 8 counts to face front wall, freeze and strike a pose!

[9-16] L fwd, R fwd mambo, L back mambo, R side taps X 3, R tog, L side point

- 1-2&3 Step L forward, rock R forward, recover weight on L, step R back
- 4&5 Rock L back, recover weight on R, step L forward
- 6&7 Tap R side, tap R further right, tap R further right
- 88 Step R together, point L side

[&17-24] L ball cross side, R behind L, ¼ L, L fwd, R fwd, L fwd rock/recover, L back, R tog, heel bounces up/down

- &1-2 Step L back, cross step R over L, step L side
- 3&4 Cross step R behind L, turning 1/4 left step L forward, step R forward (9 o'clock)
- 5-6 Rock L forward, recover weight on R
- &7 Step L back, step R together
- &8 Lift both heels up, bring heels back down weight ending on L

[25-32] R fwd rock/recover, R tog, L fwd, ½ R hitch, R fwd, L tog, R side rock/recover, cross R over L

- 1-2 Rock R forward, recover weight on L
- &3-4 Step R together, step L forward, keeping weight on L turn ½ right whilst hitching R (3 o'clock)
- 5-6 Step R forward, step L together
- Rock R side, recover weight on L, cross step R over L 7&8

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Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P