In a Spin



拍数: 16 增数: 4 级数: Easy Intermediate Rolling count

编舞者: Linda Wolfe (AUS) & Robyn Groot (AUS) - September 2019

音乐: In a Spin (feat. Kaci Brown) - Wizardz of Oz: (iTunes)



Left Basic Forward 1/2 Turn. Right Basic Back 1/2 Turn. Left Forward Step. Right Back Step.

1&a Step forward on Left. Turning 1/2 turn Left, step back on Right. Step back on Left. (Facing 6)

2&a Step back on Right. Turning 1/2 turn Left, step forward on Left. Step forward on Right.

(Facing 12)

3 – 4 Step forward on Left. Step back on Right.

Left Side Rock, Left Sailor Step, Right Sailor Step, Hinge 1/2 Turn Left, Left Hook

5 – 6 Step Left to Left side. Replace weight on Right.

&a7 Step Left behind Right. Step Right to Right side. Step Left to Left side.&a Step Right behind Left. Step Left to Left side. Step Right to Right side.

8 Hinge turn 1/2 turn Left, hooking Left over Right.

Left Basic Forward 1/2 Turn. Right Coaster Step Back. Left Forward Step. Right Side Step

1&a Step forward on Left. Turning 1/2 turn Left, step back on Right. Step back on Left. (Facing

12)

2&a Step back on Right. Step Left beside Right. Step Right forward.

3 – 4 Step forward on Left. Step Right to Right side

Behind. Side. Cross. Right Side Rock. Cross. 1/4 Turn Right. Sweep Right. Right Sailor Step

5&a Step Left behind Right. Step Right to Right side. Cross Left over Right.

6&a Rock Right to Right side. Replace weight on Left. Step Cross Right over Left.

7 Turning 1/4 turn Right, step back on Left & sweep Right from front to back. (Facing 3 o'clock)

8&a Step Right behind Left. Step Left to Left side. Step Right to Right side.

On Wall 3, restart after 16 counts (Facing 12 o'clock)

On Wall 8, restart after 16 counts (Facing 6 o'clock)

Tag: At the end of Wall 11 (Facing 3 o'clock), add the following tag.

Left Coaster Step Forward. Right Coaster Step Back.

1&a Step forward on Left. Step Right together. Step back on Left.2&a Step back on Right. Step Left together. Step forward on Right.

Ending: During Wall 14, dance to Count 3 – (Rock forward on Left.) then turning 1/4 turn Right, Rock Right to Right side. Rock Left to Left side.

Contact: Robyn Groot Email robyn_ford2000@yahoo.com.au Phone 0414420808