We Got That Power



编舞者: Christine Mui (CAN) - September 2019 音乐: Power - We Are Messengers: (iTunes)



Intro: 16cts

SECTION 1: WALK, WALK, MAMBO CROSS R & L, CHASE HALF TURN

1, 2 Walk forward R, L 12:00

3&4, 5&6 R side rock, recover L, Cross R over L, L side rock, recover R, Cross L over R 12:00

7&8 R forward, Pivot ½ left onto L, step R forward 6:00

SECTION 2: (SLIGHTLY DIAGONAL SECTION) SHUFFLE FORWARD LEFT & RIGHT, CROSS BACK SIDE, CROSS BACK SIDE, CROSS

1&2, 3&4 L(5:00)forward, lock R behind L, L forward, R(7:00)forward, lock L behind R, R forward 7:00 Cross L over R, R back, L(5:00) to side, Cross R over L, L back, R to side (6:00), Cross L

over R 6:00

Restart here during Wall 3 (6:00)

Ending here at 12:00

SECTION 3: CHASSE RIGHT, ¼ TURN RIGHT CHASSE LEFT, ¼ TURN RIGHT CHASSE RIGHT, ¼ TURN RIGHT CHASSE LEFT

1&2, 3&4 R to side, L together, R to side, ¼ turn right L to side, R together, L to side 9:00

5&6, 7&8 ¼ turn right R to side, L together, R to side, ¼ turn right L to side, R together, L to side 3:00

SECTION 4: JAZZBOX, PADDLE 3/4 LEFT

1, 2, 3, 4 Cross R over L, L back, R to side, Cross L over R 3:00

5, 6, 7, 8 Weight on L, push off R 1/8 (touch at 1:30), ¼ (at 10:30), ¼ (at7:30). 1/8 touch R 6:00

Tag at the End of Wall 1 (6:00) & Wall 7 (6:00) TAG – SWAY RIGHT (1), LEFT (2), RIGHT (3), LEFT(4)

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