

# 10,000 Hours

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Kevin Formosa (AUS) - October 2019  
音乐: 10,000 Hours - Dan + Shay & Justin Bieber : (iTunes)



## Intro: 4 Counts

### [1-8] Walk, Walk, Anchor Step, ½, ½, Behind, Side, Cross

1,2      Walk Fwd R, L  
3&4      Step R slightly behind L, Step L in Place, Step R slightly back  
5,6      ½ L Stepping L fwd, ½ L stepping R back sweeping L (12.00)  
7&8      Step L behind R, Step R to R side, Step L across/in front of R

### [9-16] & Behind, Hold, & Cross Hold, Side, Behind, Side, Behind, Unwind

&1,2      Step R to R side, Step L behind R (turning 1/8 L), Hold  
&3,4      Step R to R side, Step L across/in front of R (turning 1/8 L), Hold  
&5&6&      Step R to R side, Step L behind R, Step R to R Side, Step L across/in front of R, Step R to R side (turning ¼ L gradually over these steps) (6.00)  
7,8      Touch L toe behind R, Unwind a full turn R (weight finishing L) (6.00)

(Counts 1-6 gradually curve L making a half turn)

### [17-24] Sweep, Modified figure 8 vine

1,2,3      Sweep R from back to front, Step R across/in front of L, Step L to L side  
4&5      Step R behind L, ¼ L Stepping L fwd, Step R fwd  
6,7      ½ L stepping L fwd, ¼ L Stepping R to R side (6.00)  
8&      Step L behind R, Step R to R side

### [25-32] Cross Rock, Side, Cross Rock, Side, ½ Pivot, ½, Back Rock

1,2&      Rock L across R, Replace weight R, Step L to L side  
3,4&      Rock R across L, Replace weight L, Step R to R side  
5,6,7      Step L fwd, Pivot ½ R (Weight R), ½ R Stepping L back  
8&      Rock R back, Replace weight L

**Restart: On wall 3 dance the first 8 counts then Restart**

**Tag: End of Wall 6 add the following 4 Counts**

1,2      Walk Fwd R,L  
3,4      Step R Fwd, Pivot ½ L

**Start Again**

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