Hurt Me

拍数: 32	墙数: 2	级数: Beginner

编舞者: Esmeralda van de Pol (NL) - October 2019

音乐: Hurt Me - Meghan Trainor

Intro : start on vocals, 16 counts

WALK FWD, SHUFFLE FWD, ROCK FWD, SHUFFLE BACK
1-2	Step RF fwd, Step LF fwd
3&4	Step RF fwd, Step LF next to RF, Step RF fwd
5-6	Rock LF fwd, Recover weight on RF
7&8	Step LF back, Step RF nest to LF, Step LF back

WALK BACK, COASTER CROSS, SIDE ROCK, CROSS SHUFFLE
1-2	Step RF back, Step LF back
3&4	Step RF back, Step LF next to RF, Step RF across LF
5-6	Rock LF to L side, Recover weight on RF
7&8	Cross LF over RF, Step RF to R side, Cross LF over RF

SIDE ROCK, CROSS SHUFFLE, CHASSE L, BACK ROCK
1-2	Rock RF to R side, Recover weight on LF
3&4	Cross RF over LF, Step RF to R side, Cross RF over LF
5&6	Step LF to L side, Step RF next to LF, Step LF to L side
8	Rock RF back, Recover weight on LF

JAZZ BOX 1/4 TURN X2
1-2	Cross RF over LF, 1/4 turn R-step LF back
3-4	Step RF to R side, Step LF fwd
5-6	Cross RF over LF, 1/4 turn R-step LF back
7-8	Step RF to R side, Step LF fwd

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