

# A Little Help

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Little Help (feat. Mimi & Josy) - The BossHoss



## Intro: 16 Counts

### Side Rock, Toe Strut Across, Side Rock, Toe Strut Across

- 1 – 2      Step RF to right side, recover on LF
- 3 – 4      Touch right toe across LF, drop right heel
- 5 – 6      Step LF to left side, recover on RF
- 7 – 8      Touch left toe across RF, drop left heel

### Side, Behind, ¼ Turn Right/Step, Scuff, Step, ½ Pivot Turn Right, Step, Scuff

- 1 – 2      Step RF to right side, step LF behind RF
- 3 – 4      ¼ turn right/step RF forward, scuff LF forward (3 Uhr)
- 5 – 6      Step LF forward and make ½ turn right (weight RF) (9:00)
- 7 – 8      Step LF forward, scuff RF forward

### Diagonal Step Forward, Touch/Clap, Diagonal Step Back, Touch/Clap, Coaster Step, Scuff

- 1 – 2      Step RF diagonal forward, touch LF next to RF/clap
- 2 – 4      Step LF diagonal back, touch RF next to LF/clap
- 5 – 6      Step RF back, close LF next to RF
- 7 – 8      Step RF forward, scuff LF forward

### Step Lock Step, Scuff, Jazz Box with Cross

- 1 – 2      Step LF forward, lock RF behind LF
- 3 – 4      Step LF forward, scuff RF forward
- 5 – 6      Cross RF over LF, step LF back
- 7 – 8      Step RF to right side, cross LF over RF

## Repeat

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