

# Sinanggar Tulo

拍数: 144      墙数: 1  
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音乐: Sinanggar Tulo - Trio Ambisi

级数: Phrased Beginner



Part A = 44 counts Part B = 60 counts Part C = 40 counts  
Sequence : AAB AB AC AB AA

## Part A

### Section 1 Step Forward, step together

12345678      Step R forward, step L together > 4 X

### Section 2 Step back, step together

12345678      Step R back, step L together > 4 X

### Section 3 1/4 turn step forward, step together 3 X, step forward ,touch

123456      1/4 turn right step R forward, step L together > 3 X  
7 8      1/4 turn right step R forward, touch L next to R

### Section 4 1/4 turn step forward, step together 3 X, step forward, touch

123456      1/4 turn left step L forward, step R together > 3 X  
7 8      1/4 turn left step L forward, touch R next to L

### Section 5 Step side, step together, touch

1 2 3 4      Step R side, step L together, step R side, touch L next to R  
5 6 7 8      Step L side, step R together, step L side, touch R next to L

### Section 6 Rocking chair

1 2 3 4      Rock R forward, recover on L, rock L back, recover on L

## Part B

### Section 1 Step forward diagonally right, hitch, step back diagonally right, touch

1 2 3 4      Step forward diagonally right R L R, hitch L forward  
5 6 7 8      Step back diagonally right L R L, touch R next to L

### Section 2 Step forward diagonally left, hitch, step back diagonally left, touch

1 2 3 4      Step forward diagonally left R L R, hitch L forward  
5 6 7 8      Step back diagonally left L R L, touch R next to L

### Section 3 jazz box 1/4 turn right, touch, step ( facing 3.00)

1 2 3 4      Cross R over L, 1/4 turn right step L back, step R side, step L next to R  
5 6 7 8      Touch R forward, step R next to L, touch L forward, step L next to R

### Section 4 Repeat section 3 (facing 6.00)

### Section 5 Repeat section 3 (facing 9.00)

### Section 6 Repeat section 3 (facing 12.00)

### Section 7 Traveling swivels : heels, toes, heels, hold

1 2 3 4      Moving to right side swivel both heels, both toes, both heels, hold  
5 6 7 8      Moving to left side swivel both heels, both toes, booth heels, hold

### Section 8 Swivel heels right, hold, swivel heels left, hold

1 2 3 4 Swivel both heels right side hold, swivel both heels left side, hold

### **Part C**

#### **Section 1 Bounce, turn around to right & left, (option: step slightly & bend your knees)**

1 2 3 4 Turn around to right, bend your knees

5 6 7 8 Turn around to left (facing 12.00) bend your knees

#### **Section 2 Bounce, turn around to left & right ( step slightly & bend your knees)**

1 2 3 4 Turn around to left, bend your knees

5 6 7 8 Turn around to right (facing 12.00) bend your knees

#### **Section 3 Step side, step together, touch**

12345678 Step R side, step L together > 3 X, step R side, touch L next to R

#### **Section 4 Step side, step together, touch**

12345678 Step L side, step R together > 3 X, step L side, touch R next to L

#### **Section 5 Traveling swivels : heels, toes, heels, hold**

1 2 3 4 Moving to right side swivel both heels, both toes, both heels, hold.

5 6 7 8 Moving to left side swivel both heels, both toes, both heels, hold

Thank you and hope you enjoy it.

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