Mercy Easy

级数: Easy Intermediate

编舞者: Lu Olsen (AUS) - September 2019

音乐: Mercy (Glee Cast Version) - Glee Cast : (iTunes)

墙数:3

#16 Count Intro - Start on vocals

[1-8] Fwd, Lock, R Lock shuffle fwd, Fwd, Back, L Coaster

- 1, 2, 3 & 4 Step R fwd, Lock L behind R, R lock shuffle fwd stepping R, L, R,- 12.00
- 5, 6, Step L fwd, Rock R back,
- 7 & 8 (L Coaster) Step L back, Step R tog, Step L fwd 12.00

[9-16] (Use hips/Fwd, 1/8th, Fwd, 1/8th), Cross, Side, Behind, ¼ fwd

- 1, 2, 3, 4, (Use hips to paddle around) Step R fwd, 1/8th Left paddle turn, Step R fwd, 1/8th Left paddle turn 9.00
- 5, 6, 7, 8 # Cross R over L, Step L to Left, Step R behind L, ¼ Left turn & step L fwd # 6.00

[17 – 24] Fwd, Recover, ½ turn & shuffle fwd, Fwd, ¼ paddle, Cross, Fwd 45

- 1, 2, Step R fwd, Replace weight to L,
- 3 & 4 1/2 Right turn & shuffle fwd R, L, R, 12.00
- 5, 6, Step L fwd, 1/4 Right paddle turn (wt on R), 3.00
- 7, 8 Cross L over R, Step R Fwd at R 45, 3.00

[25 – 32] Twist both heels/Toes to R, Twist R heel/R toe to L, Twist both heels/toes to R, Cross, Touch (Twists Travel to side & slightly fwd)

- 1, 2, Twist both heels to Right, (Wgt on heels &Twist both toes to Right, 3.00
- 3, 4 Twist R heel only to Left, Twist R toe only to Left
- 5, 6, Twist both heels to Right, (Wgt on heels &Twist both toes to Right,
- 7 8 Cross L over R, Touch R to Right ++ 3.00

[33-40] Cross, Touch, Back, $\frac{1}{4}$ side, Cross, Touch, Cross, Back $\frac{1}{4}$

- 1, 2, 3, 4 Cross R over L, Touch L to Left, Step L back, ¹/₄ Right turn & step R to Right 6.00
- 5, 6, 7, 8 Cross L over R, Touch R to Right, Cross R over L, Step L back & into ¼ Right turn * 9.00

[41 – 48] Side Shuffle to R, Rock, Recover, Side Shuffle to L, ½ fwd, Fwd

- 1 & 2 Side shuffle to Right stepping R,L,R, 9.00
- 3, 4, Rock L behind R, Step R in place
- 5 & 6 Side shuffle to Left stepping L,R,L-9.00
- 7, 8 ¹/₂ Right turn & step R fwd, Step L fwd, -3.00

SHORT WALLS: (All easy to hear)

Walls 3 (6.00) & Wall 6 (6.00) dance first 16 counts # thenRestart..... Wall 4 & Wall 7 (12.00) Wall 8 (3.00) to count 40 * thenRestartWall 9 (12.00)

Last Wall 11(6.00) Dance to count 32 ++ then

1, 2, Cross R over L, ¼ Right turn to 12.00 & touch L to left,..to finish to 12.00

Enjoy!

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拍数: 48