

Stack It Up

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased Intermediate
编舞者: Stella Kim (KOR) - November 2019
音乐: Stack It Up (feat. A Boogie wit da Hoodie) - Liam Payne



Intro: 16 counts

Sequence: A-A-B-A-A-B-A-A'(16counts,Restart)-A-B

Part A(32counts)

SEC 1: BACK, SIDE ROCK, RECOVER, SAILOR STEP, CROSS, 1/4 R BACK, 1/4 R SIDE, CROSS, BACK, SIDE

1-2& RF cross behind LF, LF side rock, RF recover
3&4 LF cross behind RF, RF beside LF, LF slightly diagonal forward
5-6& RF cross over LF, 1/4 turn R with LF back(3:00), 1/4 turn R with RF side(6:00)
7&8 LF cross over RF, RF back, LF side

SEC 2: CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BACK/SWEEP, COASTER STEP, SCUFF, FORWARD TOUCH, SWIVEL, SWIVEL

1-2& RF cross rock over LF, LF recover, RF side rock
3-4 LF recover, RF back and LF sweep from front to back
5&6& LF back, RF beside LF, LF forward, RF scuff/hitch
7&8 RF forward touch, swivel both heels R, return both heels center(weight LF)

***Restart here facing 12:00**

SEC 3: 1/4 R SIDE, BACK ROCK, RECOVER, SIDE, BACK ROCK, RECOVER, SIDE, SWIVEL, IN PLACE, SWIVEL, IN PLACE, TOGETHER, SIDE ROCK, RECOVER

1-2& 1/4 turn R with RF side(9:00), LF back rock, RF recover
3-4& LF side, RF back rock, LF recover
5&6& RF side, LF swivel(heel in), LF in place, RF swivel(heel in)
7&8& RF in place, LF beside RF, RF side rock, LF recover

SEC 4: 1/4 L SWEEP, 1/2 L SAILOR STEP, HOLD, BALL, CROSS, BACK, BACK, 1/2 L UNWIND

1 RF back and 1/4 turn L with LF sweep from front to back(6:00)
2&3 1/4 turn L with LF cross behind RF(3:00), RF side, 1/4 turn L with LF cross over RF(12:00)
4&5 hold, RF side, LF cross over RF
6&7 RF diagonal back, LF diagonal back, RF cross over LF
8 unwind 1/2 turn L(weight LF)(6:00)

Part B(16counts)

SEC 1: BACK, DIAGONAL BACK ROCK, RECOVER, HEEL GRIND(L/R) CROSS, SIDE, BEHIND, SIDE

1-2& RF cross behind LF, LF diagonal back rock, RF recover
3-4& LF cross heel grind over RF, RF side, LF beside RF
5-6& RF cross heel grind over LF, LF side, RF beside LF
7&8& LF cross over RF, RF side, LF cross behind RF, RF side

SEC 2: (CROSS ROCK, RECOVER, SIDE) X2, CROSS, 1/4 L, UNWIND 3/4 L

1-2& LF cross rock, RF recover, LF side
3-4& RF cross rock, LF recover, RF side
5-6 LF cross over RF, 1/4 turn L with RF back(9:00)
7-8 LF back toe touch, unwind 3/4 turn L(weight LF)(12:00)

Enjoy

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