Corazon Mi Amor



拍数: 32 墙数: 4 级数: Ultra Beginner

编舞者: Pat Newell (USA) - November 2019

音乐: Rebelde Amor - Belle Perez



Senior Dancing Series

Learning: vines, rock rec w/ triples, rocking chair, lock step, ¼ turns, tripling across

Note: Entire dance consists of 1,2 3&4 - 5, 6 7&8 counts making it easy for ultra beginner dancers. #32 in count

RIGHT VINE TO CROSS OVER, ROCK RECOVER TRIPLE ACROSS

1-4 Step R to R, step L behind R, Step R to R, step L across R

5, 6 7&8 Rock R to R, recover on L, triple RLR across L

LEFT VINE TO CROSS OVER, ROCK RECOVER TRIPLE ACROSS

1-4 Step L to L, step R behind L, step L to L, step R across L

5,6 7&8 Rock L to L, recover on R, triple LRL across R

ROCKING CHAIR, STEP LOCK, STEP LOCK STEP

1-4 Rock fwd on R, recover on L, rock back on R, recover on L

5,6 7&8 Step fwd on R, step L behind R, Step R fwd, L behind R, step on R

ROCKING CHAIR, 1/4 PIVOT RIGHT, TRIPLE LEFT, RIGHT LEFT ACROSS RIGHT 9:00

1-4 Rock fwd on L, recover on R, rock back on L, recover on R

5,6 7&8 ½ pivot right (weight on R) triple across LRL

START AGAIN

DANCE FOR THE HEALTH OF IT