Tricky

拍数: 32	墙数: 2	级数: Newcomer (Primary)

编舞者: Alexandra Balzer (DE) - November 2019

音乐: It's Tricky - Run-DMC

Dance Starts after 16 Counts, after "Here we go" - No Tags, No Restarts

[1-8] Heel, Toe, Heel, Toe, Step Touch, Step Touch

1, 2	Cross R Heel over LF, Touch R Toe Side
3, 4	Repeat 1-2
5, 6	diagonal RF fwd, Touch LF next to RF
7, 8	step LF diagonal fwd, Touch RF next to LF

[9-16] Heel, Toe, Heel, Toe, walk back (R-L-R-L)

1, 2	Cross R Heel over LF, Touch R Toe to R Side
3, 4	Repeat 1-2
5-8	walk back 4 Steps, R-L-R-L

[17-24] Kneel down, Jump up ¼ turn, Kneel down, Jump up ¼ turn, Jazz Box ¼ turn

1, 2	Bend knees, make ¼ turn R jump up (face 3:00)
3, 4	Repeat 1-2 (face 6:00)
5-8	Cross RF over LF, LF step back, make ¼ turn R step RF to R Side, Step LF next to RF (face 9:00)

[25-32] Pivot ¼ turn, Kick, Squat R, Squat L

1, 2	Step RF fwd, make ¼ Turn L getting weight on LF (face 6:00)
3, 4	Kick R fwd, Step RF to R side
5, 6	Get weight on RF, get weight on LF and step RF next to LF
7, 8	Step LF to L side, get weight on RF and step LF next to RF

Start again, have fun, and most important: Look cool 8|