Ego-Holic



编舞者: Ping Chen (CN) - November 2019

音乐: EGO-HOLIC (戀我癖) (feat. Jolin Tsai [蔡依林]) - Starr Chen (陳星翰)



Intro: 32 Counts

[1-8] DOROTHY FORWARD R-L,1/8 R SAMBA,1/8 R COASTER

1-2&	Step R Fwd to R Diagonal, Lock L Behind R, Step R Fwd to R Diagonal
3-4&	Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal

5&6& Cross R over L, Step L to L side, Turn 1/8 R step R back, hitch L forward 1:30

7&8 Turn 1/8 R step L back, Step R next to L, Step L forward 3:00

[9-16] PRESS FORWARD, RECOVER, BACK, BUMPx 2, BACK L R, COASTER

12& Rock R forward with slight upper body forward, Recover to L, Step R back

3&4 Bump hip to R, Recover to place, Bump hip to R

56 Step L back and grind R heel to out, Step R back and grind L heel to out

7&8 Step L back, Step R next to L, Step L forward

Restart: On wall 4 at the end of 16 counts

[17-24] TAP FORWARD, TAP SIDE, WEAVE, TAP SIDE, 1/4 R FLICK, SHUFFLE

12	Toe R toe forward, Toe R toe to R side
3&4	Cross R behind L, Step L to L, Cross R over L
5 6	Toe L toe to L side, Turn 1/4 R and flick L back 6:00
7&8	Step L forward, Step R next to L, Step L forward

[25-32] SAMBA, CROSS SHUFFLE, SIDE, TOUCH, SWEEP, 1/4 L COASTER

1&2	Cross R over L, Step L to L side, Step R to R side
3&4	Cross L over R, Step R to R side, Cross L over R

56& Step R to R side, Touch L next to R and look at R side, Sweep L from forward to back

7&8 Turn 1/4 L and step L back, Step R together, Step L forward, 3:00

Ending: On wall 11 dance 4 counts then make ending pose face 12:00

Have fun!

Chenping660803@Outlook.com