Ten Tonne Truck



编舞者: Jan Brookfield (UK) - November 2019

音乐: Ten Tonne Truck - Tami Neilson



Start dance on vocals.

Section 1: [POINT OUT-IN, STEP, TOUCH] x 2

1,2,3,4 Point R out to right side, touch R next to L, step R to right side, touch L next to R 5,6,7,8 Point L out to left side, touch L next to R, step L to left side, touch R next to L

Section 2: ROCKING CHAIR; STOMP FORWARD, HEEL BOUNCES x 3 MAKING 1/4 TURN

9,10,11,12 Rock R forward, recover onto L; rock R back, recover onto L

13,14,15,16 Stomp R forward; keeping feet apart bounce both heels 3 times making a quarter turn left

Section 3: [TOE-HEEL-STOMP FORWARD, CLAP] x 2

17,18,19,20 Dig R toe in next to L, dig R heel in next to L, stomp R forward, clap 21,22,23,24 Dig L toe in next to R, dig L heel in next to R, stomp L forward, clap

Section 4: [STEP BACK, TOUCH/CLAP] x 4 a.k.a. BACKTRACK for 4

25,26,27,28 Step R back, touch L next to R, clap; step L back, touch R next to L, clap 29,30,31,32 Step R back, touch L next to R, clap; step L back, touch R next to L, clap

KEEP IT GOING & HAVE FUN!

ENDING: Dance ends in Section 4: dance counts 25 – 28, then step R to right side!