

Shadow (Rumba)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Sandy Kerrigan (AUS) - December 2019
音乐: And I Love You So - Shirley Bassey : (iTunes)



Dance Info: Dance starts wt on L – Start Dancing...And I Love you...SO...
BPM [104:] any track length from iTunes. 2 tags 4 count tags facing 1200

Right Side Hip, Replace, Step Together, Hold, Left Side Rock, Replace ¼ Fwd, Hold 3:00

1 2 3 4 Push R Hip to R Side, Replace to L, Step R Next to L, Hold
5 6 7 8 Rock L to L Side, Turning ¼ R-Replace Wt to R, Step Fwd L, Hold

Full Turn Fwd Left, Step Fwd, Left Mambo Step with Drag Back 3:00

1 2 3 4 Turning Fwd Left- ½ Step Back on R, ½ Step Fwd on L, Step Fwd R, Hold
5 6 7 8 Rock Fwd L, Replace Back to R, Step Back L, Drag R Back past Left Ft

Touch Back, Reverse ½ Turn R, Step Back R, Hold, Back L Coaster Step with R hitch to R Side 9:00

1 2 3 4 Touch R Toe Back, Unwind ½ Turn Right, Step Back on R, Hold
5 6 7 8 Step Back L, Step R Next to L, Step L slightly across R, Hitch R

Cross, Side, Step Back Behind-Sweeping L, Behind, Step ¼ Fwd, Step ¼ Step, Drag R to Meet L 3:00

1 2 3 4 Cross R over L, Step L to L Side, Step/Cross R Behind L, Sweep R Back Behind
5 6 7 8 Step Back on R, Cross L Behind, Turning R-1/4 Step Fwd 12:00, ¼ R step R to R Side, Drag R to Meet L-wt on L

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Note: There are 2 x 4 count tags facing 12:00 – End of 4 and 8

1 2 3 4 Push R Hip to R Side, Replace to L, Drag R to Meet L, Hold-wt on L – restart.

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