Burning In My Veins

拍数: 32

级数: Improver

编舞者: Henry Schulz (DE) - October 2019

墙数:4

音乐: Runaway Train - Soul Asylum

Attention: 1 Tag with 8 counts after wall 4 on 12:00 & easy ending on wall 15 (look below)	
1-2 3&4 5-6	p R, Shuffle Back R, Back Rock L, Shuffle ½ Turn Back L Rock R forward, Recover weight Shuffle back R-L-R Rock L back, Recover weight
7&8	Shuffle L-R-L and turn over left shoulder, in the end L is behind and has weight on it (6:00)
(9-16) Back Rock R, Step Turn 1/4 with R, Cross R, ¼ Turns L & R, Cross L	
1-2	Rock R back, Recover weight
3-4	Step R forward, Pivot turn 1/4 over left shoulder with weight on L (3:00)
5	Cross R over L
6	Step L back with 1⁄4 turn over right shoulder (6:00)
7 8	Step R side with ¼ turn over right shoulder (9:00) Cross L over R
0	Closs L over R
(17-24) Side Rock R, Behind, Side Rock L, Behind, ¼ R with Forward R, Step L	
1-2	Rock R to side, Recover weight
3	Step R behind L
4-6	Counts 1-3 in reverse direction (everything happens with L)
7	Step R forward with 1/4 turn over right shoulder (12:00)
8	Step L forward
(25-32) Rock Step R, ½ Turn R, Step Turn ½ with L, Step L, Step Turn ¼ with R	
1-2	Rock R forward, Recover weight
3	Step R forward with ½ turn over right shoulder (6:00)
4-5	Step L forward, Pivot turn 1/2 over right shoulder with weight on R (12:00)
6	Step L forward
7-8	Step R forward, Pivot turn $\frac{1}{4}$ over left shoulder with weight on L to restart the dance (9:00)
 (Tag) Dance wall 4 until the end and you will get to 12:00.	
1-4	Rock Step R, Back Rock R (= Rocking Chair)
5-8	Option 1: Step Turn ½ with R (2x)
	Box R with Step L on count 8 I like it more than option 1.
(Ending) Dance on until count 30 on wall 15 (6:00) and you will get to the ending.	
(Ending) Dano 31-32	Step Turn $\frac{1}{2}$ with R (Step R forward, Pivot turn $\frac{1}{2}$ over left shoulder with weight on L) (12:00)
33	Step/Stomp R forward to end the dance (your decision if it's step or stomp)
50	
Have fun and keep on dancing for all the time! Don't forget to sing or smile. \Box	

Henry Schulz (Germany) Parchim, 19370 h.schulz0794@gmail.com

