

Jesus Got a Tight Grip

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Janet Cummings (USA) - December 2019
音乐: Jesus Got a Tight Grip - Blake Shelton : (Album: Fully Loaded: God's Country)



Tag/2 Restarts, and Syncopation Galore...Pedometer time (lol). Pattern is Counter Clockwise.
Intro: 16 Counts

SECTION 1: L BALL TURN ¼ LEFT, SHUFFLE FORWARD, STEP, PIVOT; SHUFFLE FORWARD, R STEP FORWARD, TURN ¼ LEFT, STEP L (PADDLE)

&1&2, 3, 4 Pressure on Ball of L Foot, Turn ¼ Left (&), Shuffle Forward (R, L, R) Step L, Pivot ½ Turn Right

5&6, 7, 8 Shuffle Forward (L, R, L), Step R, Turn ¼ L, Step L 12:00

Restart Here @ 6:00 For Wall 4

SECTION 2: R ¼ TURN BOTAFOGA, L ¼ TURN BOTAFOGA; R FORWARD ROCK, RECOVER, R SIDE ROCK, RECOVER, RIGHT ¼ TURN JAZZ BOX (ALL SYNCOPATED)

1&2, 3&4 R Cross L, Right Step To Side/ Turn ¼ Right, R Step To Side; L Cross R, R Step To Side, Turn ¼ Left, Step L To Side

5&6& R Rock, Recover, R Side Rock, Recover;

7&8& Jazz Box - R Cross L, L Step Back, Turn ¼ Right, R Step to Side, L Step Forward (&) 3:00

SECTION 3: R KICK, STEP/TURN ¼ LEFT, L TOUCH, L KICK, STEP/TURN ¼ RIGHT, R TOUCH; R COASTER STEP, BALL TURN ½ RIGHT, SHUFFLE BACK (L, R, L)

1&2 R Kick Forward, Step and Turn ¼ Left, L Touch

3&4 L Kick Forward, Step and Turn ¼ Right, R Touch

5&6 R Step Back, L Step Back, R Step Forward

&7&8 Ball Pivot ½ Turn Right on Ball of R Foot, Shuffle Back (L, R, L) 9:00

SECTION 4: R SIDE ROCK CROSS, LEFT SIDE ROCK CROSS; R STEP FORWARD, PADDLE ¼ LEFT (&), R STEP FORWARD, LEFT ¾ TURN SAILOR

1&2, 3&4 R Step to Side, L Recover, R Cross; L Step to Side, R Recover, L Cross

5&6, 7&8 R Step Forward, Paddle ¼ Left, Step R Forward, Left ¾ Turn Sailor 9:00

Tag Here - END OF Wall 6

TAG: 2 Count Syncopated Rocking Chair (&1&2). R Rock Fwd/L Recover, R Rock Back/L Recover

NOTE: The Dance has several sections with direction reversal within 4 counts. It mirrors my interpretation of the struggle for our souls, noted throughout the lyrics. Enjoy, and God bless.

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