Sing About You



编舞者: Frank Heelan (IRE) - January 2020 音乐: I'd Sing About You - Joe Nichols



Tag: End of first wall facing 3.00. Add two hip sways right left.

Restart: Wall 4 facing 9.00 dance first 16 counts and restart facing 6.00.

Sec 1: Walk forward right, left. Shuffle forward. Rock recover. Sailor 1/4 turn left.

1-2 Walk forward right, left.

3&4 step forward right, left together, forward right.

5-6 Rock forward left, recover to right

7&8 Turn ¼ left sweeping left behind, recover to right, left to left. (9.00)

Sec 2: Rock recover, Sailor back right & left. Rock back recover.

1-2 Rock forward on right, recover to left.

3&4 Sweep right behind left, recover to left, right to right.5&6 Sweep left behind right, recover to right, left to left.

7-8 Rock back on right, recover to left. (9.00)

Sec 3: Step forward right. Side rock step. Repeat. Rock recover.

1-2&3 Step forward on right, rock left to left, recover to right, step left forward in front of right.

4-5&6 Repeat steps 1 to 3.

7-8 Rock forward on right, recover to left. (9.00)

Sec 4: Walk back right & left, Coaster step. Walk forward left & right. Step turn step.

1-2 Walk back right, left.

3&4 Step back right, left together, forward right.

5-6 Walk forward left, right.

7&8 Step forward on left, pivot ½ turn right, step forward left. (3.00)

Thanks Seamus Cuddihy for sending me the music.

Contact: heelanjohnl@gmail.com