

Saving Grace

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jessica Aspestig (SWE) - January 2020
音乐: Saving Grace - Tom Petty



Intro: 16 c (app. 7 sec. into track)

Tag: 8 c - after wall 3 (facing 3.00) after wall 7 & 13 (facing 9.00)

Restart: wall 10 facing 6.00, after 12 c

(1-8) R rocking chair, R fwd rock, R shuffle ½

1 - 4 Rock R fwd (1) Recover on L (2) Rock R back (3) Recover on L (4)
5 - 6 Rock fwd on R (5) Recover on L (6)
7 & 8 Step ¼ R on R (7) Step L next to R (&) Step ¼ R on R (8) 6.00

(1-8) Step turn ¼, Cross shuffle, Syncopated Rocks R and L

1 - 2 Step L fwd (1) Turn ¼ R on R (2) 9.00
3 & 4 Step L cross over R (3) Step R to R (&) Step L cross over R (4)

Restart here on wall 10 (6.00)

5 - 6 Rock R to R side (5) Recover on L (6)
&7-8 Step R next to L (&) Rock L to L side (7) Recover on R (8)

(1-8) L Touch Unwind, Rocking chair, R shuffle ½ L

1 - 2 Touch L behind R (1) Unwind ½ L weight on L (2) 3.00
3 - 6 Rock R fwd (3) Recover on L (4) Rock R back (5) Recover on L (6)
7 & 8 Step ¼ L on R (7) Step L next to R (&) Step ¼ L back on R (8) 9.00

(1-8) L Back rock, Shuffle fwd, Step Point x 2

1 - 2 Rock L back (1) Recover on R (2)
3 & 4 Step L fwd (3) Step R next to L (&) Step L fwd (4)
5 - 6 Step fwd on R (5) Point L to L side (6)
7 - 8 Step fwd on L (7) Point R to R side (8) 9.00

Start Again!

TAG:

(1 - 8) R Rocking chair, Step turn ¼ L x 2

1 - 4 Rock R fwd (1) Recover on L (2) Rock R back (3) Recover on L (4)
5 - 6 Step R fwd (5) Turn ¼ L on L (6)
7 - 8 Step R fwd (7) Turn ¼ L on L (8)

This dance is choreographed as a dedication to my good dancefriend Mimmi for her 50's birthday. Enjoy!

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