

Long Legged Woman EZ

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heidi Cronjé (SA) - January 2020
音乐: Long Legged Woman Dressed In Black - Die Campbells : (2:52)



Intro: 48 counts

SECTION 1: TOE, HEEL, STOMP, HOLD, TOE, HEEL, STOMP, HOLD

1-4 Touch R toe slightly behind L, Touch R heel slightly fwd, Stomp R to R diagonal, Hold
5-8 Touch L toe slightly behind R, Touch L heel slightly fwd, Stomp L to L diagonal, Hold

*** Restart during wall 9 (facing 12:00)

SECTION 2: R MAMBO, HOLD, L MAMBO, HOLD

1-4 Rock R side, Recover L, Step R together, Hold
5-8 Rock L side, Recover R, Step L together, Hold

SECTION 3: POINT, HITCH, 1/4 L, POINT, TOGETHER, POINT, TOGETHER, POINT, TOGETHER

1-2 Point R side, Hitch R and turn 1/4 L
3-4 Point R side, Step L together
5-6 Point L side, Step L together
7-8 Point R side, Step R together

SECTION 4: HEEL, TOGETHER, HEEL, TOGETHER, L TWIST, HOLD

1-2 Touch L heel to L diagonal, Step L together
3-4 Touch R heel to R diagonal, Step R together
5-8 Swivel both heels L, Swivel both toes L, Swivel both heels L, Hold

Start Again. Have fun and Enjoy!

Restart: During wall 9, after section 1 (facing 12:00)

Ending: Wall 14 (09:00)

Section 4, counts 4 -8, Turn 1/4 R whilst swiveling feet to L

Contact – email: linedanceriversdal@gmail.com

This dance is dedicated to Zanette Bothma (a Rhythmic Thunder dancer), who is her husband's long legged woman and who knows how to rock!