Pretty Miss Norma Jean



拍数: 68 墙数: 4 级数: Novice - Country

编舞者: Tjwan Oei (NL) - January 2020

音乐: Pretty Miss Norma Jean - Norma Jean



Start the dance on lyrics ...

[01] Step forward – Touch behind – Step back – Step hook in front (2 x)

1-2-3-4 RF. step forward – LF. touch behind RF. – LF. step back – RF. step hook in front of LF. 5-6-7-8 RF. step forward – LF. touch behind RF. – LF. step back – RF. step hook in front of LF.

[02] Step diagonally forward – Lock behind – Step forward – Scuff forward (2 x)

1-2-3-4 RF. step diagonally to right forward – LF. lock behind RF. – RF. step diagonally forward – LF. scuff forward

5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. – LF. step diagonally forward – RF. scuff forward

[03] Step forward – Kick forward with ¼ turn left (4 x)

1-2-3-4 RF. step forward – LF. kick forward with 1/4 turn left – LF. step forward – RF. kick forward with ½ turn left

5-6-7-8 RF. step forward – LF. kick forward with 1/4 turn left – LF. step forward – RF. kick forward with 1/4 turn left

[04] Lock step back - Hitch (2x)

1-2-3-4 RF. step back – LF. lock in front of RF. – RF. step back – LF. hitch forward LF. step back – RF. lock in front of LF. – LF. step back – RF. hitch forward

[05] Vaudevilles (2x)

1-2-3-4 RF. step to right side – LF. cross over RF. – RF. step to right side – LF. touch heel to left side 5-6-7-8 LF. step heel down – RF. cross over LF. – LF. step to left side – RF. touch heel to right side

[06] Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4 RF. step forward – Recover weight onto LF. – RF. step back – Recover weight onto LF. 5-6-7-8 RF. step forward – RF./LF. ½ turn left – RF. step forward – RF./LF. ¼ turn left [3]

[07] Vine to right side – Touch – Vine to left side – Touch

1-2-3-4 RF. step to right side – LF. cross behind RF. – RF. step to right side – LF. touch beside RF. LF. step to left side – RF. cross behind LF. – LF. step to left side – RF. touch beside LF.

[08] Jazz box – Cross over – Rock back – Recover – Walk forward (R – L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF. 5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

[09] Hips sway (R-L-R-L)

1-2-3-4 Hips sway (R - L - R - L)

E-mail: H.Oei@kpnplanet.nl