

Into the Light

拍数: 32 墙数: 4 级数: Improver
编舞者: Andrew Hobman (UK) - February 2020
音乐: Into The Light - Arlissa



Intro – 16 counts

S1 (Figure of 8 to face 9 oclock) Side, behind, ¼ turn, step pivot ½ turn step, ¼ turn right, behind, quarter turn left.

- 1,2 Step right to right side, cross left behind right
- 3,4 Make quarter turn right stepping forward on right, Step forward on left.
- 5,6 Pivot ½ turn right Step right foot forward, ¼ turn right stepping left to left side
- 7,8 Cross right behind left, ¼ turn left stepping left foot forward

S2 Side rock cross shuffle, side rock ¼ turn right, forward shuffle.

- 1,2 Rock right to right side, recover weight on left
- 3&4 Step right across left, step left to left side then step right across left
- 5,6 Step left making ¼ turn right then step right foot forward.
- 7&8 Step left foot forward, step right beside left, step left foot forward

S3 Rock recover, right shuffle backwards, full turn left in 2 counts into left sailor step

- 1,2 Step forward on right recover weight back on left
- 3&4 Step right behind left, step left beside right, step right behind left
- 5,6 While travelling backwards make ½ turn over left shoulder stepping on left and continue to make another ½ turn over left stepping back on right.
- 7&8 Left sailor step - Step left behind right, step right beside left, step left foot forward.

S4 Cross point, samba step, right jazz box making ¼ turn right

- 1,2 Step right across left and point left to left to left side
- 3&4 Step left across right, step right to right side step left beside right.
- 5,6 Step right across left, step back on left
- 7,8 ¼ turn right stepping on right, step left beside right.

Restarts x2-

Wall 6 after 8 counts (after the figure of 8) restart the dance.

Wall 8 after 24 counts (after the left sailor step) restart the dance.