Forever Two

拍数: 32

级数: Improver

编舞者: Andrés de la Rubia Albertí (ES) - February 2020

音乐: Forever to Go - Chase Rice

[1-8] Rock forward, back, rock side cross, 3/4 turn right, anchor step

- 1&2 Rf forward, recover weight Lf, Rf back
- 3&4 Lf side, recover weight Rf, Lf cross over Rf
- 5-6 Rf forward ¼ turn right, Lf back ½ turn right
- 7&8 Rf back, recover weight Lf, recover weight Rf

[9-16] Shuffle back, Rock back 1/8 turn left, Step back, slide, coaster touch

- 1&2 Lf back, Rf beside Lf, Rf back
- 3&4 Rf back, recover weight Lf, 1/8 turn left with touch
- 5-6 Rf back, Lf next Rf
- 7&8 Lf back, Rf next Lf, touch Lf with low hitch

[17-24] Steps forward, touch, 1/4 turn diamond, heel grind 3/8 turn, shuffle back

- 1&2 Lf forward, Rf forward, Lf next Rf with low hitch
- 3&4 Lf forward, Rf 1/8 turn left, Lf 1/8 turn left
- 5-6 heel right 1/8 turn right, 1/4 turn right on the heel and Lf back (9:00)
- 7&8 Rf back, Lf next Rf, Rf back

[25-32] Sailor step, (L&R), sway, half rumba

- 1&2 Lf behind Rf, Rf right, Lf left
- 3&4 Rf behind Lf, Lf left, Rf right
- 5-6 Lf left (left hips), recover weight right hips
- 7&8 Lf to the left, Rf next Lf, Lf forward

Restart: on the third wall we will replace steps 15 & 16 with coaster step with 1/8 turn left and Restart the dance (12:00)

Enjoy the dance





墙数:4

4