

Can't Stop Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Wendie Smith (USA) - January 2020
音乐: Can't Stop Me - Rachel Lipsky : (Amazon Music)



****1st Place USLDCC Winner at Big Bang Dance Classic 2020****

#8 Count Intro

CROSS, SIDE, SAILOR, CROSS, ¼ BACK, TRIPLE

1-2 Cross R over L, step L to side
3&4 Step R behind L, step L to side, step R to side
5-6 Cross L over R, ¼ turn left stepping R back
7&8 Step L back, step R beside L, step L back

ROCK, RECOVER, TRIPLE FULL TURN, WALK, WALK, WALK, TOUCH

1-2 Rock R back, recover L
3&4 Make ½ turn L stepping R backward, ½ turn L stepping L forward, step forward R
5-6 Walk forward on L, walk forward on R
7-8 Walk forward on L, touch R next to L

Styling: Bring left arm up during walks and flick wrist on 8 with touch 5-8
Restart here on walls 2, 4, 8

MODIFIED MONTERREY, JAZZ SQUARE

1-2 Touch R to side, ½ turn right
&3-4 Rock L to side, recover R, step L next to R
5-6 Cross R over left, step L back
7-8 Step R to side, step L forward

ROCK, RECOVER, WEAVE, ½ TURN CCW CIRCLE WALK, TRIPLE

1-2 Rock R to side, recover on L
3&4 Step R behind L, step L to side, cross R over L
5-6 Make ¼ turn L stepping L forward, make ¼ turn L stepping R forward
7&8 Step L forward, step R next to L, step L forward

Enjoy!

See ya on the dance floor!

Email: wendie@wildrosesdanceteam.com