Can't Stop Me



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Wendie Smith (USA) - January 2020

音乐: Can't Stop Me - Rachel Lipsky: (Amazon Music)



1st Place USLDCC Winner at Big Bang Dance Classic 2020

#8 Count Intro

CROSS, SIDE, SAILOR, CROSS, 1/4 BACK, TRIPLE

1-2 Cross R over L, step L to side

3&4 Step R behind L, step L to side, step R to side
5-6 Cross L over R, ¼ turn left stepping R back
7&8 Step L back, step R beside L, step L back

ROCK, RECOVER, TRIPLE FULL TURN, WALK, WALK, WALK, TOUCH

1-2 Rock R back, recover L

3&4 Make ½ turn L stepping R backward, ½ turn L stepping L forward, step forward R

5-6 Walk forward on L, walk forward on R7-8 Walk forward on L, touch R next to L

Styling: Bring left arm up during walks and flick wrist on 8 with touch 5-8

Restart here on walls 2, 4, 8

MODIFIED MONTERREY, JAZZ SQUARE

1-2 Touch R to side, ½ turn right

&3-4 Rock L to side, recover R, step L next to R

5-6 Cross R over left, step L back7-8 Step R to side, step L forward

ROCK, RECOVER, WEAVE, ½ TURN CCW CIRCLE WALK, TRIPLE

1-2 Rock R to side, recover on L

3&4 Step R behind L, step L to side, cross R over L

5-6 Make ¼ turn L stepping L forward, make ¼ turn L stepping R forward

7&8 Step L forward, step R next to L, step L forward

Enjoy!

See ya on the dance floor!

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