

Locked Up

拍数: 32 墙数: 2 级数: Beginner
编舞者: Ashley Kay - February 2020
音乐: What a Man Gotta Do - Jonas Brothers



No Tags, No Restarts!

Dance starts after 8 counts (Start with the lyrics)

[1-8] Shuffle forward x2, Rock-Recover, Coaster Step

1&2 Step R forward, Step L together, Step R forward
3&4 Step L forward, Step R together, Step L forward
5-6 Rock R forward, Recover on L
7&8 Step R behind, Step L next to R, Step R forward

[9-16] Step-Pivot ½ Turn x2, Shuffle forward x2

1-2 Step L forward, ½ turn pivot over right shoulder (weight falls onto Right)
3-4 Step L forward, ½ turn pivot over right shoulder (weight falls onto Right)
5&6 Step L forward, Step R together, Step L forward
7&8 Step R forward, Step L together, Step R forward

[17-24] Step L forward, Clap, ½ Turn over R shoulder and step R forward, Clap, Walk L-R-L, Kick R forward with a partner

1-2 Step L forward, Clap hands together
3-4 ½ Turn over right shoulder and shift weight to right foot, Clap hands together
5-8 Walk forward L-R-L, Kick right foot forward while tapping the inside of your right foot against the inside of the right foot of the person in front of you to your left

[25-32] Walk backwards R-L-R-L, Hop forward, Clap, Hop backward, Clap

1-4 Walk backwards R-L-R-L
5-6 Hop both feet forward, Clap hands together
7-8 Hop both feet backward, Clap hands together
