Crystal Dreams (CBA 2020)



编舞者: Hayley Wheatley (UK) & Robert Lindsay (UK) - February 2020

音乐: Dreamland (feat. Years & Years) - Pet Shop Boys: (Album: Hotspot)



Section 1 Rock Forward, Right Coaster Step, Bump, Bump Hitch, Left Chasse

1-2 Rock forward onto right. Recover weight onto left.

3&4 Step back onto right. Step left beside right. Step forward on right.

5-6 Stepping to the left bump hips to left. Bump hips to right, hitching the left slightly.

7&8 Step left to left side, Step right beside left. Step left to left side. (12)

Section 2 Cross Rock, Recover, Chasse Right, Cross, Side, ¼ turn Bounce, Bounce

1-2 Cross rock right over left. Recover weight onto left.

3&4 Step right to right side. Step left beside right. Step right to right side.

5-6 Step left over in front of right. Step right to right side.

7-8 Turning ¼ turn to the left, Bounce the heels twice, keeping the weight on the left. (3)

Restart here on Walls 4 and 8

Section 3 ¼ Monterey Right, Left Kick Ball Step, Step Forward, Pivot ½ Turn Right, Rock Forward Left, Recover Right

1-2	Point right toe to the right side. Turning ¼ turn right, take weight onto the right
3&4	Kick the left foot forward. Step down onto the left. Step forward onto the right.

5-6 Step forward onto left. Pivot ½ turn right.

7-8 Rock forward onto left. Recover weight onto right.

Section 4 Rock Left, & Rock Right, Right Jazz Box with Quarter Turn

1-2 Rock left to left side. Recover weight onto right.

&3-4 Step left beside right. Rock right to right side. Recover weight onto left.

5-6 Step right over in front of left. Turning ¼ to the right, step back onto the left foot.

7-8 Step right to right side. Step left forward slightly forward taking the weight.

Restart after 16 counts on Walls 4 and 8

Start Again