Bar Top Dancin'

拍数: 32

1

级数: Improver

编舞者: Tracey Jackson - February 2020

音乐: She's Crazy - Moonshine Bandits

1st place in the usldcc newcomer/novice division at Big Bang Dance Classic 2020 [[8 count intro]]

[1-8] Move R with 2 clockwise hip rolls, ¼ turn R, move L with 2 counterclockwise hip rolls

- Step RF to R with hip roll forward in clockwise direction (1)
- 2 Step LF next to R finishing hip roll (2)
- 3 Step RF to R with hip roll forward in clockwise direction (3)
- 4 1/4 turn R and Touch LF next to RF finishing hip roll (4) [3:00]
- 5 Step LF to L with hip roll forward in counterclockwise direction (5)
- 6 Step RF next to L finishing hip roll (6)
- 7 Step LF to L with hip roll forward in counterclockwise direction (7)
- Touch RF next to L finishing hip roll (8) 8

[9-16] Step bwd with body roll 2x, Step bwd, together, ¼ turn R one body section at a time

- 12 Step RF backward with body roll (1), touch LF toes in place (2)
- 34 Step LF backward with body roll (3), touch RF toes in place (4)
- 5& Step RF backward (5), Step LF next to RF while lifting both arms up in front of body to waist high with
- 90 °angle at elbows (&)
- Hold (6), Turn head 1/4 turn R (&) [head facing 6:00] 6&
- 7& Hold (7), Turn upper body ¹/₄ turn R (&) [chest facing 6:00]
- 8 Pivot both feet ¼ R keeping weight mostly on LF (8) [6:00]

[17-24] Step fwd and point to side 2x, Hip roll 1/2 turn L

- 12 Step RF forward (1), Touch pointed LF to L (2)
- 34 Step LF forward (3), Touch pointed RF to R (4)
- 5 Step RF slightly forward (5)
- 6 Pivot ¼ turn L while rolling hips counterclockwise shifting weight to LF (6) [3:00]
- 7 Step RF slightly forward(7)
- Pivot ¼ turn L while rolling hips counterclockwise shifting weight to LF(8) [12:00] 8

**(Styling for counts 5,6,7,8: both arms go straight up overhead and roll with hips...when song says "bar top dancing")

[25-32] Heel dig, Heel dig with 1/4 turn L, shimmy while walking bwd (RLRL)

- Step R heel forward with toes angled slightly L(1), Place weight on ball of LF while swiveling 1 2& toes to R angle (2), Step RF next to LF (&)
- 34& Step L heel forward with toes angled slightly R (3). Place weight on ball of RF while swiveling toes to L angle and making 1/4 turn L(4), Step LF next to RF(&) [9:00]
- With a slight shake/shimmy of shoulders, Step RF backward(5), Step LF backward(6) 56
- 78 Continue shake/shimmy, Step RF backward(7), Step LF next to RF(8)





墙数:4