Once, Twice, Easily Forever

拍数: 32   **墙数:** 4   **级数:** Beginner

编舞者: Lesley Kidd (UK) - January 2020

音乐: Freedom - Wham! : (Album: Wham! Make it Big - 5:02)

Section 1: Diagonal step touch (x2), hip sways (x4)

1 2	Step forward R to R diagonal, touch L beside R
3 4	Step forward L to L diagonal, touch R beside L
5 6	Step R to R side, swaying hips to R, sway hips L
7 8	Sway hips R, sway hips L

Section 2: Side shuffle R, rock back L, grapevine L with brush

1&2	Step R to R side, step L beside R, step R to R side
3 4	Rock back on L, recover onto R
5 6	Step L to L side, step R behind L
7 8	Step L to L side, brush R foot forward

Section 3: Step ¼ turn, touch (x4)

1 2	Step R forward making ¼ turn L, touch L beside R (9:00)
3 4	Step L forward making ¼ turn L, touch R beside L (6:00)
5 6	Step R forward making ¼ turn L, touch L beside R (3:00)
7 8	Step L forward making ¼ turn L, touch R beside L (12:00)

(Note: for an easier option you could dance a K-step in this section.)

Section 4: Grapevine R, grapevine ¼ turn L

1 2	Step R to R side, step L behind R
3 4	Step R to R side, touch left beside R
5 6	Step L to L side, step R behind L
7 8	Step L forward turning ¼ L, brush R forward. (9:00)

Restarts: There are 5 restarts. All happen facing 12:00
On walls 4, 11 and 18 dance up to count 8 (end of section 1) and restart
On walls 7 and 14 dance up to count 16 (end of section 2) and restart

Choreographer's note:
The music is rather long so you may wish to fade it out before the end. This version was the shortest I could find!

For slightly more experienced dancers I have also choreographed a 64 count improver dance to the same track, which uses the same first 24 counts.
Script is available separately as Once, Twice, Forever.