

# Mustang Sally

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner / Improver  
编舞者: Amy Christian (USA) - February 2020  
音乐: Mustang Sally - The Commitments



**Intro: 16 counts. Start on the lyrics when he sings "Sally".**

## **¼ HEEL GRIND, ¼ HEEL GRIND,**

- 1-4                Step on R heel in front of L, Swivel and turn ¼ right –stepping back on L, Step R to right side, Step L slightly fwd, [3:00]  
5-8                Step on R heel in front of L, Swivel and turn ¼ right –stepping back on L, Step R to right side, Step L slightly fwd, [6:00]

**(\*Option – Replace ¼ Heel Grinds with ¼ Jazz Boxes).**

## **OUT-OUT, HOLD, ELVIS KNEE, HOLD, ELVIS KNEES L-R-L-R,**

- &1-2              Step R out to right side(&), Step L out to left side, Hold,  
3-4                Roll R knee in, Hold,  
5-8                Roll knee in as the other knee rolls out – L-R-L-R (weight ends on L),

## **CROSS, POINT, L COASTER, PIVOT ½ , PIVOT ½,**

- 1-2                Step R across L, Point L out to left side,  
3&4                Step back on ball of L, Step on ball of R next to L, Step L forward,  
5-6                Step R forward, Pivot ½ turning left - stepping forward on L, [12:00]  
7-8                Step R forward, Pivot ½ turning left - stepping forward on L, [6:00]

**(\*Easy option – Replace the two ½ Pivots with a Rocking Chair).**

## **WEAVE, CROSS ROCK, SIDE ROCK,**

- 1-4                Step R across L, Step L to left side, Step R behind L, Step L to left side,  
5-7                Rock R across L, Recover on L, Rock R to right side, Recover on L,

**Start over!**

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