Stop Breakin' Down BLUES ..



编舞者: Val Saari (CAN) - February 2020

音乐: Stop Breakin' Down Blues (feat. Robert Johnson) - Charlie Beale



Intro 32 counts: begin on the downbeat (right before the word "Anytime")

SUGARFOOT, TRIPLE STEP, L SUGARFOOT, TRIPLE STEP

1-2 Turn RF toes in	n toward L instep and touch, to	turn RF heel in toward L instep and scuff
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3&4 Step RF in place, Step LF beside R, Step RF together

5-6 Turn LF toes in toward R instep and touch, turn LF heel in toward R instep and scuff

7&8 Step LF in place, Step RF beside L, Step LF together

RF ROCK/RECOVER, SHUFFLE RLR 1/2 TURN R, WALK FORWARD (LRL), KICK

1-2 Rock RF forward, recover LF3&4 Shuffle forward RLR Turn 1/2 R

5-6 Walk forward, LF, RF

7-8 Walk forward LF, Kick RF (optional hand clap)

SHUFFLE BACK 3 TIMES, SHUFFLE TURN 1/4 LEFT

Shuffle back (Right-Left-Right)
Shuffle back (Left-Right-Left)
Shuffle back (Right-Left-Right)
Turn 1/4 Left shuffle (Left-Right-Left)

V-STEP, HEEL-TWISTS RL

1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)

3-4 Step RF back to centre, Step LF together

Twist heels right, Clap hands (6)Twist heels left, Clap hands (8)

REPEAT

No Tags, No Restarts

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