

You Are My Lady

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Marianne van der Toorn Vrijthoff (NL) - February 2020
音乐: You Are My Lady - Freddie Jackson



No Tags or Restarts

Intro: 16 Counts

Sec 1: Side Rock, Recover, Cross Shuffle, 1/4 Turn R x2, Cross, Side Rock, Recover

1-2 RF. Side rock - LF. Recover
3&4 RF. Cross over LF - LF. Step side - RF. Cross over LF
5-6 LF. 1/4 Turn R step back - RF. 1/4 Turn R step to R side (6:00)
7&8 LF. Cross over RF - RF. Side rock - LF. Recover

Sec 2: Cross, Side, Behind-Side-Cross, Hip Bumps, Touch

1-2 RF. Cross over LF - LF. Step side
3&4 RF. Cross behind LF - LF. Step side - RF. Cross over LF
5-6-7-8 LF. Step side bump hip to L - Bump hip to R - Bump hip to L - RF. Touch toe beside LF

Sec 3: Chasse with a 1/4 Turn R, Rock fwd, Recover, Shuffle 1/2 Turn L x2

1&2 RF. Step side - LF. Close beside RF - RF. 1/4 Turn R step fwd (9:00)
3-4 LF. Rock fwd - RF. Recover
5&6 Shuffle 1/2 turn L, stepping L,R,L (3:00)
7&8 Shuffle 1/2 turn L, stepping R,L,R (9:00)

Sec 4: Sailor Step L and R, Rock fwd, Recover, Shuffle 1/2 Turn L

1&2 LF. Cross behind RF - RF. Step side - LF. Step side
3&4 RF. Cross behind LF - LF. Step side - RF. Step fwd
5-6 LF. Rock fwd - RF. Recover
7&8 Shuffle 1/2 turn L, stepping L,R,L (3:00)

Start Again

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