

# Hey Girl Shake It

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Daniel Trepát (NL) & Rob Fowler (ES) - July 2018  
音乐: Hey Girl (Shake It) - Global DeeJays



Intro: 16 counts from first beat in music (app. 8 sec. into track).

Restart: In the 7th wall after 8 counts

## [1 – 8] Diagonal Step, Close, Shake with hip bumps, Diagonal Step, Close, (Arm Movement), Hip Bumps

1 – 2      Step R in R diagonal (1), Step L next to R (2) 12:00

3&4      Bump hip to R (3), Bring hip slightly to L (&), Bump hip to R (weight ends on R) (4)

### At the same time as the hip bumps you shake your upper body 12:00

5 – 6      Step L in L diagonal (5), Step R next to L (Cross arms & touch shoulders) (6) 12:00

7&8      Bump hip to R (7), Bring hip slightly to L (&), bump hip to R (weight ends on R) (8) 12:00

Restart: In the 7th wall you will restart the dance here

## [9 – 16] Walk backwards L R, Coasterstep, Charleston

1 – 2      Step L back (1), Step R back (2) 12:00

3&4      Step L back (3), Step R next to L (&), Step L forward (4) 12:00

5 – 6      Touch R forward (5), Step R back (6) 12:00

7 – 8      Touch L back (7), Step L forward (8) 12:00

## [17 – 24] Walk R L, Shuffle R, Walk L R, Shuffle L (in a $\frac{3}{4}$ turn L circle)

1 – 2      Walk R forward (1), (Start  $\frac{3}{4}$  turn L Circle) Walk L forward (2)

3&4      Step R forward (3), Step L next to R (&), Step R forward (4)

5 – 6      Walk L forward (5), Walk R forward (6)

7&8      Step L forward (7), Step R next to L (&), (Finish  $\frac{3}{4}$  turn L Circle) Step L forward (8) 3:00

## [25 – 32] V Step, Syncopated V Step, Hip Push Forward & Back

1 – 4      Step R in R diagonal (R hand on R hip) (1), Step L out (L hand on L hip) (2), Step R back in (3), Step L next R (4) 3:00

&5&6      Step R in R diagonal (&), Step L out (5), Step R back in (&), Step L next R (6) 3:00

7 – 8      Push hips forward (bring arms from forward to back) (7), Push hips back (bring arms forward) (8) 3:00

**HAVE FUN & START AGAIN!**