A Thousand Hallelujahs



音乐: A Thousand Hallelujahs - The Shires



Intro: 16 counts intro start on vocal

Restarts: On walls 1 and 3, dance 48 counts and restart the dance **

Tag: On wall 5 dance 24 counts and add

1-2 Step left out to left diagonal, step right out to right diagonal 3-4 1/4 turn left stepping on left, touch right next to left ***

Toe Switches, Heel Switches, Step Forward, 1/2 turn, Shuffle Forward

Point right toe to right side, bring back in place, point left toe to left side, bring back in place

Touch right heel forward, bring back in place, touch left heel forward, bring back in place

5-6 Step forward on right, 1/2 pivot left7&8 Shuffle forward, stepping right, left, right

Diagonal Out, Out, Coaster Step, Rock, Recover, Sailor 1/4 Turn Cross

1-2 Step left forward to left diagonal, step right forward to right diagonal 3&4 Step back on left, step right next to left, step forward on left

5-6 Rock forward on right, recover on left

7&8 Step right behind left, 1/4 turn right stepping left to left side, cross right over left

Rock Out, Recover, Behind, Side, Cross, Rock Out, Recover, Behind, Side, Cross

1-2 Rock left out to left side, recover on right

3&4 Step left behind right, step right to right side, cross left over right

5-6 Rock right out to right side, recover on left

7&8 Step right behind left, step left to left side, cross right over left ***

Side, Behind, Side Shuffle 1/4 Turn, Step 1/2 Turn, Shuffle Forward

1-2 Step left to left side, step right behind left

3&4 Step left to left side, step right next to left, ¼ turn left

5-6 Step forward on right, ½ turn left

7&8 Step forward on right, step left next to right, step forward on right

Skate Left, Right, Shuffle Forward, Rock, Recover, Coaster Step

1-2 Skate left, skate right

3&4 Step forward on left, step right next to left, step forward on left

5-6 Rock forward on right, recover on left

7&8 Step back on right, step left next to right, step forward on right

Rock, Recover, Full Turn Shuffle, Rock, Recover, ½ turn, Step

1-2 Rock forward on left, recover on right
3&4 Full turn Shuffle or coaster step
5-6 Rock forward on right, recover on left

7-8 ½ turn right stepping forward on right, step forward on left **

1/4 Turn L, Behind, Side Shuffle, Cross Rock, Recover, Side Shuffle

1-2 ¼ turn Left stepping right to right side, step left behind right

3&4 Step right to right side, step left next to right, step right to right side

5-6 Cross rock left over right, recover on right

7&8	Step left to left side, step right next to left, step left to left side

Heel Grind, Behind, Side, Cross, Rock Out 1/4 Turn, Shuffle Forward

1-2 Right heel grind

3&4 Step right behind left, step left to left side, cross right over left
 5-6 Rock left out to left side, recover on right making 1/4 turn right
 7&8 Step forward on left, step right next to left, step forward on left

Last Update - 1 March 2020