She Gone



编舞者: Andrew Blackwood (NZ) - January 2020

音乐: She Gone - Randall King



Intro: 16 counts, start on vocals

Section 1: Heel Digs, Right foot to side, recover, double toe tap behind

1-2-3-4 Right heel forward, right foot teogether, left heel forward, left foot together

5-6-7-8 Touch right foot to right, recover, tap left toe behind right twice

Restart here on wall 5 changing count 8 to step beside R

Section 2: Rock forward, recover, half turn triple, side rock cross shuffle

1-2-3&4 Rock forward on left, recover to right, turning left, complete ½ turn stepping L-R-L Step forward on R, pivot ¼ turn left, cross R over left, L beside R, cross R over L

Section 3: Side rock ,cross shuffle, ½ monterey turn (turning right)

1-2-3&4 Step L to L side, recover to R ,cross L over R, step R to R, cross L over R

5-6-7-8 Touch R foot to R, changing weight to L turn ½ turn R point L to side touch L beside R

Restart here on wall 10 changing Monterey turn to 1/4

Section 4: 1/4 Monterey turn (Turning left), walk, walk shuffle forward

1-2-3-4 Touch L foot to L, changing weight to R turn ¼ left, point L to L, touch L beside R

5-6-7&8 Step forward L, R, shuffle forward L-R-L

Start over