How To Be Single



拍数: 32 墙数: 4 级数: Easy Intermediate

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音乐: How to Be Single - Jimmie Allen



Intro: 16 counts.

[1-8] SWAYS R & L, SAILOR STEP, SAILOR STEP in 1/4 TURN L, KICK-BALL-POINT in 1/4 TURN R

1-2	Step R to right in swaying hips to right, sway hips to left
3&4	Cross step R behind L, step L to left, step R to right

Cross step L behind R, 1/4 turn to left and step R to right, step L to left 9:00 Kick R forward, step R together L, 1/4 turn to right and point L to left 12:00

[9-16] CROSS, SIDE, SAILOR HEEL, TOGETHER, HEEL GRIND in 1/4 TURN, BACK, COASTER TOUCH

1-2 Cross step L over R, step R to right

3&4& Cross step L behind R, step R to right, heel L forward diagonaly to left

&5 Step L together R, cross heel R over L

6 Pivot on heel R 1/4 turn to right and step L back 3:00 7&8 Step R back, step L together R, touch R together L

[17-24] CROSS, SIDE, SAILOR TOUCH, SIDE, CROSS, 1/4 TURN R, 1/4 TURN R & LARGE STEP SIDE, SLIDE TOGETHER

oss step R	over L. sto	ep L to left
(oss step R	oss step R over L, ste

3&4 Cross step R behind L, step L to left, touch R together L

5 Step R to right

6& Cross step L behind R, 1/4 turn to right and step R forward 6:00
7-8 1/4 turn to right and large step L to left, slide ball R together L 9:00

[25-32] 1/4 TURN R, 1/2 TURN R, TRIPLE STEP in 1/2 TURN R, JAZZ BOX in 1/4 TURN L

1-2 1/4 turn to right and step R forward, 1/2 turn to right and step L back

3&4 Triple step R,L,R in 1/2 turn to right 12:00

5-6 Cross step L over R, step R back

7-8 1/4 turn to left and step L to left, touch R together L 9:00

Restart: At the 3rd repetition of the dance, after the first 16 counts, restart from the beginning. 9:00

TAG: After wall 6 (12:00) add this 4 counts:

1-4 ROCK SIDE, ROCK BACK
1-2 Rock side R, recover on L
3-4 Rock back R, recover on L

HAVE FUN!

Séverine & Guy

^{**} RESTART 3rd wall, after 16 counts.