

A Sexy Lady

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kerry Maus (USA) & Cody Flowers (USA) - January 2020
音乐: Sexy Lady - Jessie J



Dance starts on vocals - NO TAGS! -- NO RESTARTS!

[1-8] Fwd, ½, Coaster, Rocking Chair

- 1 2 Step LF forward, ½ turn left stepping back on RF (6:00)
- 3&4 Step LF back, Step RF beside LF, Step LF forward (6:00)
- 5 6 Rock forward on RF, Recover weight on LF (6:00)
- 7 8 Rock back on RF, Recover weight on LF (6:00)

[9-16] Fwd, ½ Flick, Triple Fwd, Cross Point (2x)

- 1 2 Step forward on RF, Pivot ½ turn left with hip roll, flicking left heel across right knee while snapping right hand (12:00)
- 3&4 Step LF forward, Step RF beside LF, Step LF forward (12:00)
- 5 6 Cross RF over LF, Point left toe to left side (12:00)
- 7 8 Cross LF over RF, Point right toe to right side (12:00)

[17-24] Cross, ¼, ¼, Point, ¼, ¼, Behind-Side-Cross

- 1 2 Cross RF over LF, ¼ Turn right stepping back on LF (3:00)
- 3 4 ¼ Turn right stepping RF to right side, Point left toe to left side (6:00)
- 5 6 ¼ Turn left stepping down on LF, ¼ Turn left stepping RF to right side (12:00)
- 7&8 Step LF behind RF, Step RF to right side, Cross LF over RF (12:00)

[25-32] Hip, Bump, ¼, ¼ Cross, ¼, ¼ Cross

- 1 2 Step RF to right side, Bump left hip forward coming up on ball of left foot or hitch left knee (make sure to rotate shoulders left to prep for a right turn) (12:00)
- 3 4 ¼ Turn right stepping back on LF, ¼ Turn right stepping RF to right side (6:00)
- 5 6 Cross LF over RF, ¼ Turn left stepping back on RF (3:00)
- 7 8 ½ Turn left stepping forward on LF, Sweep RF from back to front (9:00)

[33-40] Cross, Side, Coaster Step, Cross, ¼, Triple Back

- 1 2 Cross RF over LF, Step LF to left side to face 10:30
- 3&4 Step back on RF, Step LF beside RF, Step forward on RF (10:30)
- 5 6 Cross LF over RF squaring up to 9:00, ¼ Turn left stepping back on RF (6:00)
- 7&8 Step back on LF, Step RF beside LF, Step back on LF (6:00)

[41-48] Rock, Recover, Walk (x2), Rock, Recover, Triple Fwd

- 1 2 Rock back on RF, Recover weight on LF (6:00)
- 3 4 Step RF forward, Step LF forward (optional full turn here) (6:00)
- 5 6 Rock RF forward, Recover weight on LF (6:00)
- 7&8 Step RF forward, Step LF beside RF, Step RF forward (6:00)

[49-56] Rock, Recover, Triple-½, Step-Pivot (x2)

- 1 2 Rock LF forward, Recover weight on RF (6:00)
- 3&4 ½ Turn left stepping LF forward, Step RF beside LF, Step LF forward (12:00)
- 5 6 Step RF forward, Pivot ¼ Turn left putting weight on LF (3:00)
- 7 8 Step RF forward, Pivot ¼ Turn left putting weight on LF (6:00)

[57-64] Kick-&-Point-&, Point-&-Kick-&, Rock, Recover, Back, Touch

- 1&2& Kick RF forward, Step RF beside LF, Point LF to left side, Step LF beside RF (6:00)

3&4& Point RF to right side, Step RF beside LF, Kick LF forward, Step LF beside RF (6:00)
5 6 Rock forward on RF, Recover weight on LF (6:00)
7 8 Step RF back, Point LF forward (6:00)

dancewithcody@gmail.com | codytflowers.weebly.com
kerrymausdance@gmail.com
