# The Struggle is Real

级数: Improver

拍数: 32 编舞者: Kim Meiss (USA) - March 2020

音乐: The Man - Taylor Swift

Vocals start right away. Start dancing after 16 counts with the lyric "and that would be ok"

### RIGHT SIDE BEHIND AND HEEL BALL CROSS, REPEAT TO THE LEFT

- Step R to side, Cross L behind R, Step R next to L, Touch L heel forward 1.2&3
- &4 Step on the ball of the L next to the R, Step the R slightly across the L
- 5,6&7 Step L to side, Cross R behind L, Step L next to R, Touch R heel forward
- 88 Step on the ball of the R next to the L, Step the L slightly across the R

#### ROCK RECOVER TRIPLE ½ TURN, ROCK FWD-BACK-FWD-BACK

- 1,2 Rock forward on the R, Recover on the L
- 3&4 Triple step RLR while making  $\frac{1}{2}$  turn to the right [6:00]
- 5.6 Rock forward on the L, Rock back on the R
- 7,8 Rock forward on the L, Rock back on the R

#### COASTER STEP. ROCK RECOVER. COASTER STEP. ROCK RECOVER.

- 1&2 Step back on the L, Step R beside L, Step forward on the L
- 3.4 Rock forward on the R, Recover on the L
- 5&6 Step back on the R, Step L beside R, Step forward on the R
- 7,8 Rock forward on the L, Recover on the R

## 1/4 TURN LEFT AND WEAVE, TOUCH, SWAY THE HIPS RIGHT THEN LEFT

- 1,2 Step back on the L making ¼ turn left, Cross R over L [3:00]
- 3,4 Step L to side, Cross R behind L
- 5,6 Step L to side, Touch R beside L
- 7,8 Sway the hips right, Sway the hips left





**墙数:**4