

Yesterday's Gone

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Vikki Morris (UK) - March 2020
音乐: Don't Stop - Fleetwood Mac : (2004 Remaster)



Start: 32 counts

S1: R Vine, Touch L, L Vine ¼ L, Scuff R

- 1 2 Step Right to Right side, Cross Left behind Right
- 3 4 Step Right to Right side, Touch Left next to Right
- 5 6 Step Left to Left side, Cross Right behind Left
- 7 8 Turn ¼ turn Left stepping forward Left, Scuff R (9 o'clock)

S2: R Rock, Recover L, R Toe Strut Back, Back L Rock, Recover R, L Forward Heel Strut

- 1 2 Rock forward Right, Recover Left
- 3 4 Touch Right toes back, Slap Right heel down
- 5 6 Rock back Left, Recover Right
- 7 8 Dig Right heel forward, Slap Left toes down

S3: Paddle ¼ L x2, R Jazz Cross L

- 1 2 Step forward Right, twist both heels Right as you turn ¼ turn Left (weight now on Left) (6 o'clock)
- 3 4 Step forward Right, twist both heels Right as you turn ¼ turn Left (weight now on Left) (3 o'clock)
- 5 6 Cross Right over Left, Step back Left
- 7 8 Step Right to Right side, Cross Left over Right

S4: R Diagonal Shoop, Hitch L & Clap, L Diagonal Shoop, Hitch R & Clap

- 1 2 To Right diagonal step forward Right, Step Left next to Right
- 3 4 Step forward Right, Straighten up to front wall as you hitch Left knee & clap hands
- 5 6 To Left diagonal step forward Left, Step Right next to Left
- 7 8 Step forward Left, straighten up to front wall as you hitch Right knee & clap hands
(shoop arms forward for this section)

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