

Si O No

拍数: 32 墙数: 4 级数: Improver
编舞者: Muki Matohir Royal (INA) - March 2020
音乐: Sí o no (feat. Maluma) - Anitta



Intro: 14 Count

S1: MAMBO-COASTER STEP CROSS-POINT-TOUCH-POINT-SYNCOPATED CROSS

1&2 Step R forward, Recover on L, Step R back
3&4 Step L back, Step R beside L, Cross L over R
5&6 Point R to right side, Touch R beside L, Point R to right side
7&8 Cross R behind L, Step L to side, Cross R over L

S2: MAMBO-UNWIND-CROSS SHUFFLE-CROSS SHUFFLE

1&2 Step R forward, Recover on L, Step R back
3-4 Cross R back turn 1/2 right, Recover on L
5&6 Cross R over L, Step L to side, Cross R over L
7&8 Cross L over R, Step R to side, Cross L over R

S3: SAMBA WHISK-MAMBO FORWARD-MAMBO BACK

1&2 Step R to side, Cross L behind R, Recover on R
3&4 Step L to side, Cross R behind L, Recover on L
5&6 Step R forward, Recover on L, Step R back
7&8 Step L back, Recover on on R, Step L forward

S4: Volta Turn 3/4 Right - Side Mambos

1& Make 1/4 turn R step R forward, Step on ball of L in place
2& Make 1/4 turn R step R forward, Step on ball of L in place
3& Make 1/8 turn R step R forward, Step on ball of L in place
4 Make 1/8 turn R step R forward
5&6 Step L to side , Recover on R , Close L beside R
7&8 Step R to side , Recover on L , Close R beside L

Enjoy the Dance

Tag after wall 1

1&2 Step L to side, Recover on L, Close L beside R

For more question about this dance please contact me at: mooki.dance@gmail.com
Last Update - 12 March 2020