

Lo Nuestro Vale Más

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Karine Moya (FR) - March 2020
音乐: Lo Nuestro Vale Más - Jesse & Joy



Intro : Start after «Me Niego a» (+1 sec)

****Choreography specially created for the workshop March 14 in Villeneuve de la Raho**

SIDE TOUCH, SIDE TOUCH, R CHASSE, SIDE TOUCH, SIDE TOUCH, L CHASSE

1&2& Step R to the R side, L Touch beside R, Step L to the L side, R Touch beside L
3&4 Step R to the R side, Step L next to R, Step R to the R side
5&6& Step L to the L side, R Touch beside L, Step R to the R side, L Touch beside R
7&8 Step L to the L side, Step R next to L, Step L to the L side (12 :00)

CROSS SAMBA 1/4 TURN, CROSS SAMBA FWD, CROSS ROCK, SIDE ROCK, BEHIND, SIDE ROCK, BEHIND

1&2 Cross R over L, Turn ¼ R Rock L to the Lside, Recover weight on to R (3h00)
3&4 Cross L over R, Rock R to the R side, Recover weight on to L (advancing slightly)
5&6& Cross Rock step R , Recover weight on to L, Rock R to R side, Recover weight on to L
7&8& Cross R behind L, Rock L to L side, Recover weight on to R, Cross L behind R

***RESTARTS and TAGS and ENDING**

SAMBA WHISK, CHASSE 1/4 TURN, SAMBA WHISK, CHASSE 1/4 TURN,

1 2& Step R to the R side, Rock L slightly back, Recover on to R
3&4 Step L to the L side, Step R next to L, Turn ¼ L stepping L forward (12:00)
5 6& Step R to the R side, Rock L slightly back, Recover on to R
7&8 L to the L side, Step R next to L, Turn ¼ L stepping L forward (9:00)

CROSS SAMBA, TRAVELING VOLTA, 1/2 TURNING VOLTA, STEP FWD, TOUCH CLAP & CLAP

1&2 Cross R over L, Rock L to the Lside, Recover weight on to R
3&4 Cross L over R, Step R to the R side, Cross L over R
5&6 Turn 1/4 R stepping R forward, Turn ¼ R Step L to the L side, Step R forward, (3:00)
7&8 Step L forward (7), Touch R beside L with Clap (&), and Clap (8), (During Claps both hands on the left side)

***RESTARTS : After 16 Counts during Wall 2 facing (6h00), Wall 4 facing (12h00), After the first TAG Wall 7 (12:00), Wall 8 facing (3:00)**

***TAGS : Wall 7 after 16 counts facing (9:00) Repeat the first 16 counts of the dance & RESTART (12:00)
Wall 10 after 16 counts facing (9:00) Repeat the first 16 counts of the dance & ENDING (12:00)**

***ENDING : After 2nd TAG Wall 11 facing (12:00) WALK R, L, R, L, Open your arms outstretched on each side and
ride them slowly (4 counts) Bend your elbows and slowly lower your arms alongside your body (4 counts)**

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