

# Hold Me

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Paul Worthington (UK) - March 2020  
音乐: Hold Me - B A Robertson & Maggie Bell : (iTunes)



Start on main vocals - No Tags Or Restarts

## Section 1: Step Lock, Step Lock Step, Rock, Recover, Coaster Step

- 1-2 Step forward on right, Step left behind right.
- 3&4 Step forward on right, step left behind right. Step forward on right.
- 5-6 Rock forward on left. Recover onto right.
- 7&8 Step back on left. Step right next to left. Step forward on left. (12)

## Section 2: Step, Pivot ¼ Turn Left, Cross Shuffle, ½ Turn, Jazz Box

- 1-2 Step forward on right. Pivot ¼ turn left, (9)
- 3&4 Cross right over left. Step left to left side, Cross right over left.
- 5-6 Make ¼ turn right (stepping back on left). Make ¼ turn right (stepping right to right). (3)
- 7&8 Cross left over right. Step back on right. Step left to left side.

## Section 3: Cross, Side, Behind, Side, Cross. Rock, Recover, Behind ¼ Step, Step.

- 1-2 Cross right over left. Step left to left side.
- 3&4 Step right behind left. Step left to left side. Cross right over left.
- 5-6 Rock left to side. Recover onto right.
- 7&8 Step left behind right. Make ¼ turn right (stepping forward on right). Step forward left. (6)

## Section 4: Step. ½ Turn. Chasse ¼ Turn. Cross Rock, Recover, Coaster Step

- 1-2 Step right foot forward. Make ½ turn right (stepping back on left). (12)
- 3&4 Chasse ¼ turn right (stepping right to right side, Step left beside right. Step right to right side) (3)
- 5-6 Cross rock left over right. Recover onto right foot
- 7&8 Step back on left. Step right next to left, Step forward on left.

## Section 5: Step, Turn. Shuffle. Rock Recover. Coaster Cross

- 1-2 Step forward on right. Pivot ½ turn left. (9)
- 3&4 Step forward on right, close left beside right, step forward on right
- 5-6 Rock forward on left. Recover on right
- 7&8 Step back on left, step right next to left, cross step left over right

## Section 6: Side. Close. Side Close Forward. Side, Close, Side Close Forward.

- 1-2 Step to side on right, close left next to right.
- 3&4 Step right to side, close left next to right, Step forward on right
- 5-6 Step to side on left, close right next to left
- 7&8 Step left to side, Close right next to left, Step forward left.

## Section 7: Rock. Recover. Full Triple Turn. Step ¼ Pivot. Cross Shuffle

- 1-2 Rock forward on right, recover onto left.
- 3&4 Full triple turn to right (stepping right, left, right)
- 5-6 Step forward on left, pivot ¼ turn right. (12)
- 7&8 Cross left over right, step to side on right, cross left over right

## Section 8: Side, Close. Shuffle Forward. Rock, Recover. Shuffle Turn

- 1-2 Step right to right side, close left beside right
- 3&4 Step forward on right, step left next to right, step forward on right.

5-6                Rock forward on left, recover on right.  
7&8                Shuffle ½ turn left (stepping left, right, left) (6)

**End of dance. Start again and enjoy**

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