Love Mi Ladies

拍数: 48

级数: Intermediate

编舞者: Ira Barie (INA) - March 2020

音乐: Love Mi Ladies (feat. Sean Paul) - Oryane

Start dancing after 16 count

SEC 1. WALK R-L, ½ TURN LEFT, DRAG, CROSS ROCK POINT

- 1 2Walk forward RF - LF
- 3&4 1/2 Turn left backward on RF, LF close RF, RF point to right side
- 5 6 RF drag next to LF
- 7 & 8 RF cross over LF, Recover on LF, RF touch to right side (6.00)

SEC 2. BOTAFOGO R-L, ROCK FORWARD ½ TURN RIGHT, FORWARD LOCK SHUFFLE

- 1&2 RF cross over LF, LF side rock to left, Recover onto LF
- 3&4 LF cross over RF, RF side rock to right, Recover onto RF
- 5&6 RF rock forward, recover onto LF, 1/2 turn right step RF forward
- 7 & 8 Step LF forward, Step RF behind LF, Step LF forward (12.00)

SEC 3. RF TOUCH WITH HITCH, ¼ TURN LEFT COASTER STEP ON LF, RF FORWARD LOCK SHUFFLE

- 1&2 Touch RF cross over LF, RF hitch, Touch RF to right
- 3 & 4 Touch RF cross over LF, RF hitch, Step RF to right
- 5&6 1/4 turn left backward on LF, RF close to LF, Step LF forward
- 7 & 8 Step RF forward, Step LF behind RF, Step RF forward (09.00)

SEC 4. PIVOT ½ TO RIGHT, TRIPLE TURN, LF FWD MAMBO, SWEEP R-L

- Step LF forward, ¹/₂ turn right, Step LF forward (03.00) 1&2
- 3&4 1/2 turn left backward on RF, 1/2 turn left step LF forward, step RF forward (03.00)
- 5&6 Step LF forward, Step RF in place, LF close to RF
- 7 8 RF sweep from front to back, LF sweep from front to back (03.00)

SEC 5. SWAY R-L, ROLLING VINE TO R, SWAY L-R, ROLLING VINE TO L

- 1 2 Sway R – L
- 3&4 1/4 turn R step RF forward, 1/2 turn R step LF together, 1/4 turn R step RF to side
- 5 6 Sway L – R
- 7 & 8 1/4 turn L step LF forward, 1/2 turn L step RF together, 1/4 turn L step LF to side (3.00)

SEC 6. ROCK FORWARD ON RF, FWD LOCK SHUFFLE, ¼ TURN RIGHT ON LF, CROSS SHUFFLE

- 1 2Step RF rock forward, recover on LF
- 3&4 Step RF forward, Step LF behind RF, Step RF forward
- 5 6 Step LF forward, ¼ turn R (weight on RF)
- LF cross over RF, Step RF to side, LF cross over RF 7 & 8

Tag : JAZZBOX ¼ TURN RIGHT

RF cross over LF, 1/4 turn R step back on LF, Step RF to side, Step LF forward 1-2-3-4

Tag after 32 counts on wall 2 & wall 4 then restart from the top

Contact ira.140289@gmail.com





墙数:2